

TASMANIA
**AUSTRALIAN
 ROWING
 CHAMPIONSHIPS**
 24 – 30 MARCH 2025



**AUSTRALIAN
 OPEN
 ROWING
 CHAMPIONSHIPS**

**KING'S &
 QUEEN'S
 CUPS INTERSTATE
 REGATTA**

**AUSTRALIAN
 OPEN
 SCHOOLS
 ROWING
 CHAMPIONSHIPS**



2025 EVENT PROGRAM

– 24 – 30 MARCH 2025 –

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ROWING AUSTRALIA

ROWING AUSTRALIA COUNCIL

Australian Capital Territory	Alice Arch
Rowing New South Wales	Stephen Handley
Rowing Queensland	Sally Kehoe
Rowing South Australia	Fearnley Szuster
Rowing Tasmania	Mick Casey
Rowing Victoria	Deb Spring
Rowing Western Australia	Craig James OAM



ROWING AUSTRALIA BOARD

President and Chairman	Stephen Donnelley
Director	Malcom Batten
Director	Georgia Beattie
Director	Brigadier Alison Creagh AM CSC (Retd)
Director	Ben Dodwell
Director	Rachael Kininmonth
Director	Sally Leake
Director	Richard Finlayson
Director, Athletes' Representative	Luke Letcher

Rowing Australia (RA) is the national governing body for the sport of rowing.

Rowing is one of the Australia's oldest and most successful sports, recognised as much for its tradition and appeal to athletes of all ages as for its fantastic health benefits. Rowing is a cornerstone Olympic sport and Australian rowing has a long and proud history of success, consistently returning multiple medals at major international competitions.

Rowing is a part of Australia's national sporting and cultural heritage, with international success dating back to 1867 when Edward "Ned" Trickett won Australia's first ever sporting World Championship. Rowing continues to play an important part in Australia's sporting culture, providing safe, fun and healthy opportunities for Australians of all ages and abilities to participate in a sport that provides unparalleled health benefits.

Rowing is a sport for life, accessible to people of all ages, genders, fitness and skill levels, and currently enjoyed by over 60,000 participants and 25,000 active members ranging from young rowers at school through to those at universities and in the wider community right through to masters rowing.

Rowing Australia member associations operate in seven states with over 185 schools and 156 clubs offering rowing programs.

WELCOME FROM TASMANIA GOVERNMENT



The Hon Nick Duigan MLC
Tasmanian Minister for Sports and Events

Welcome to the 2025 Australian Rowing Championships at the Lake Barrington International Rowing Course in Tasmania.

On behalf of the Tasmanian Government, I am thrilled to welcome you to our beautiful state – we hope you enjoy the many offerings of the northwest region during your stay.

This year's championships will see more than 2,000 rowers, from secondary school students to Olympians and Paralympians, participating in an inclusive seven-day event program.

This is a truly community-driven event – while our athletes leave it all out on the water pursuing their goals, the coaches, supporters and volunteers are playing an equally important role, behind the scenes. The championships couldn't happen without them and we thank them for their commitment and hard work.

With the incredible talent on display, we can expect fierce competition, renewed rivalries, new friendships, exceptional sportsmanship, extraordinary passion and exhilarating heats and finals on the lake.

We are pleased to share the world-standard facilities of Lake Barrington International Rowing Course with you, along with our quality tourism, food and hospitality experiences.

As a proud rowing state, Tasmania is committed to delivering world-class sporting events and values its partnership with Rowing Australia and the opportunity to host events like the Australian Rowing Championships.

While you're here I encourage you to explore the region's many villages, each with its unique story and identity. Take the opportunity to enjoy the Tasting Trail, the natural beauty and the easy daytrips to nearby wineries and distilleries.

I also invite you to explore the rest of our island state. Immerse yourself in the wilderness, indulge in local produce and meet our friendly locals who are always eager to share their stories.

Good luck to all participants and enjoy your time in Tasmania.



TASMANIAN

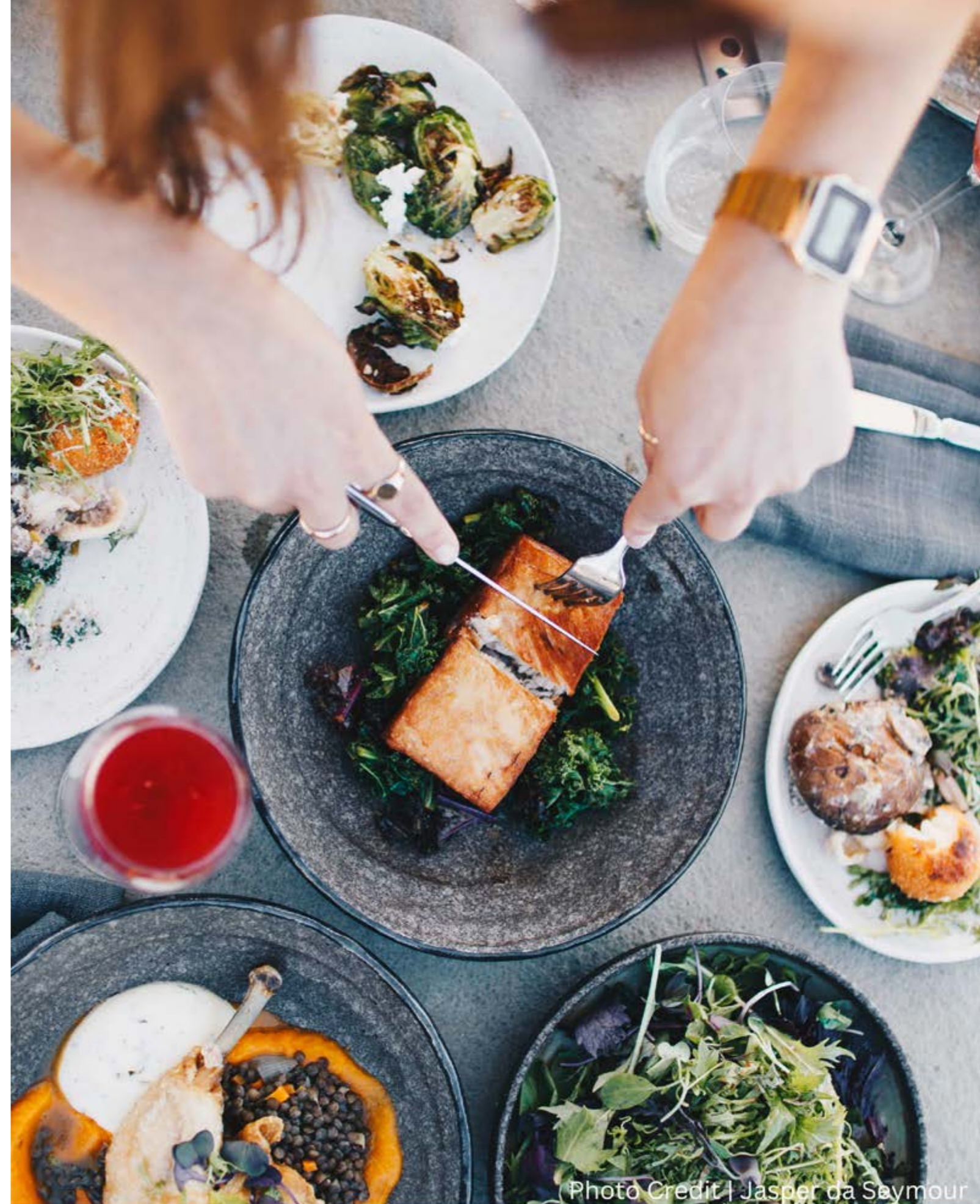


Photo Credit | Jasper da Seymour

MESSAGE FROM PRESIDENT OF ROWING AUSTRALIA



Stephen Donnelley
President Rowing Australia

Welcome to the 2025 Australian Rowing Championships

It is my great pleasure to welcome athletes, coaches, officials, sponsors, volunteers, guests and supporters to the 2025 Australian Rowing Championships, supported by the Tasmanian Government through Events Tasmania.

This year we gather at breathtaking Lake Barrington in Tasmania, one of Australia's most picturesque and renowned rowing venues. Hosting the championships here is a true privilege as we continue to celebrate the strength and unity of our wider rowing family in a post-Olympic and Paralympic year.

The Australian Rowing Championships remain a cornerstone of our domestic calendar, and it goes from strength to strength. This year, records have been shattered in terms of seats (nearly 5500 seats) and athletes (2100). This is an overwhelming and inspiring response from all corners of this rowing nation.

Off the water, the experience at #ARC25 will be just as rewarding. There are a host of initiatives and interactive sessions, including our Learn and Load event, the annual Women in Sport breakfast, the Tastes of Tasmania and the Next Generation Exhibition, which will make their debut. There truly is something for everyone.

I would like to acknowledge the hard work and dedication of the Rowing Australia and Rowing Tasmania teams in delivering these Championships. We sincerely appreciate the support of the Tasmanian Government and Events Tasmania in helping us bring this premier event to such a stunning location.

We are deeply grateful to our principal partners the Australian Sports Commission and Hancock Prospecting, especially our Patron Mrs. Gina Rinehart AO. And this event would not be possible without our dedicated partners and suppliers: 776BC, Filippi (Perfect Balance Rowing), Bont Rowing, Colgan Foundation, Inglewood Coffee Roasters, Bollé Australia, Bannister Downs Dairy, Sharp EIT Solutions, Concept 2, Sykes Rowing, Croker Oars, Ticketmaster, The Regatta Shop, Millers and Salters Hire.

On behalf of the Board and Council of Rowing Australia, I wish all of the athletes the very best of luck as they set about writing another chapter in the storied history of these Championships. And to our spectators, may you enjoy the delights of Tasmania as much as the spirited racing of the regatta.

I look forward to celebrating with you all throughout the week.

FOUR REGATTAS IN ONE EVENT

The 2025 Australian Rowing Championships combines four regattas into the nation's premier rowing event - the **King's and Queen's Cup Interstate Regatta**, the **Australian Open Rowing Championships**, the **Australian Open Schools Rowing Championships** and the **Australian Rowing Championships Sprints**. A record number of competitors of all ages will contest more than 100 events in more than 600 races over seven days of competition.

The King's and Queen's Cup Interstate Regatta is the 'blue ribbon' of Australian rowing limited to one representative crew or sculler **from each state** in each of the ten Interstate events.

The Australian Open Rowing Championships and Australian Open Schools Championships are open to all competitors who are members of clubs or schools affiliated to Member Associations or members of clubs or schools affiliated to other National Rowing Federations recognised by Rowing Australia.

These events will be conducted over the 2000 metre course in a 7 lane progression of heats, repechages, semi-finals and finals.

The Australian Rowing Championships Sprints are open to competitors in the Open, School and University categories competing over a 'flying' 500 metres.

THE JOHN COATES AC INTERSTATE CHAMPION CUP

The John Coates AC Interstate Champion Cup will be presented to the Member Association which secures the highest overall score for events conducted in the Interstate Regatta. States will be awarded points in each event on the following basis:

First place	8 points
Second place	6 points
Third place	5 points
Fourth place	4 points
Fifth place	3 points
Sixth place	2 points
Seventh place	1 point

CLUB POINTS SCORE

A 'club points score' will be in operation in addition to the medal table, for all events within the Australian Open Rowing Championships (not Open Schools Championships). The points score will be published on the event website - points will be awarded on the following basis:

BOAT	FIRST	SECOND	THIRD
Eight (8+)	24	18	12
Fours (4-/+)/Quad (4x)	16	12	8
Pairs (2-)/Doubles (2x)	12	9	6
Singles (1x)	8	6	4

SCHOOL POINTS SCORE

A 'school point score' will be in operation in addition to the medal table, for schools competing in events within the Australian Open Championships and Open Schools Championships. A separate point score will be calculated for girls and boys. The points score will be published on the event website - points will be awarded on the following basis:

BOAT	FIRST	SECOND	THIRD
Eight (8+)	24	18	12
Fours (4-/+)/Quad (4x)	16	12	8
Pairs (2-)/Doubles (2x)	12	9	6
Singles (1x)	8	6	4

SUMMARY OF RACING

AUSTRALIAN OPEN ROWING CHAMPIONSHIPS

The following events will be contested at the Australian Open Rowing Championships:

Under 17 Men (U17M)	1x	2x	4x+				
Under 17 Women (U17W)	1x	2x	4x+				
Under 19 Men (U19M)	1x	2x	2-	4x	4-	4+	8+
Under 19 Women (U19W)	1x	2x	2-	4x	4-	8+	
Under 21 Men (U21M)	1x	2x	2-	4x	4+		8+
Under 21 Women (U21W)	1x	2x	2-	4x	4+		8+
Under 21 Lightweight Men (U21LM)	1x						
Under 21 Lightweight Women (U21LW)	1x						
Under 23 Men (U23M)	1x	2x	2-	4x	4-	8+	
Under 23 Women (U23W)	1x	2x	2-	4x	4-	8+	
Under 23 Lightweight Men (U23LM)	1x	2x	2-	4-			
Under 23 Lightweight Women (U23LW)	1x	2x	4x				
Open Men (OM)	1x	2x	2-	4x	4-	4+	
Open Women (OW)	1x	2x	2-	4x	4-	8+	
Open Lightweight Men (OLM)	1x	2x	2-	4x	4-	8+	
Open Lightweight Women (OLW)	1x	2x	4x				8+
Club Men (CM)	2x	4-	8+				
Club Women (CW)	2x	4-	8+				

The **Para-rowing** events to be contested are:

PR3 Men	1x	Mix2x	Mix4+
PR3 Women	1x	Mix2x	Mix4+
PR2 Men	1x	Mix2x	
PR2 Women	1x	Mix2x	
PR1 Men	1x		
PR1 Women	1x		

**AUSTRALIAN
OPEN
ROWING
CHAMPIONSHIPS**

AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The following events will be contested at the Australian Open Schools Rowing Championships:

Schoolboy Under 17 (SBU17)	8+				
Schoolgirl Under 17 (SGU17)	8+				
Schoolboy (SB)	1x	2x	4x+	4+	8+
Schoolgirl (SG)	1x	2x	4x+	4+	8+

**AUSTRALIAN
OPEN
SCHOOLS
ROWING
CHAMPIONSHIPS**

THE KING'S AND QUEEN'S CUPS INTERSTATE REGATTA

The following events will be contested at the King's and Queen's Cups Interstate Regatta:

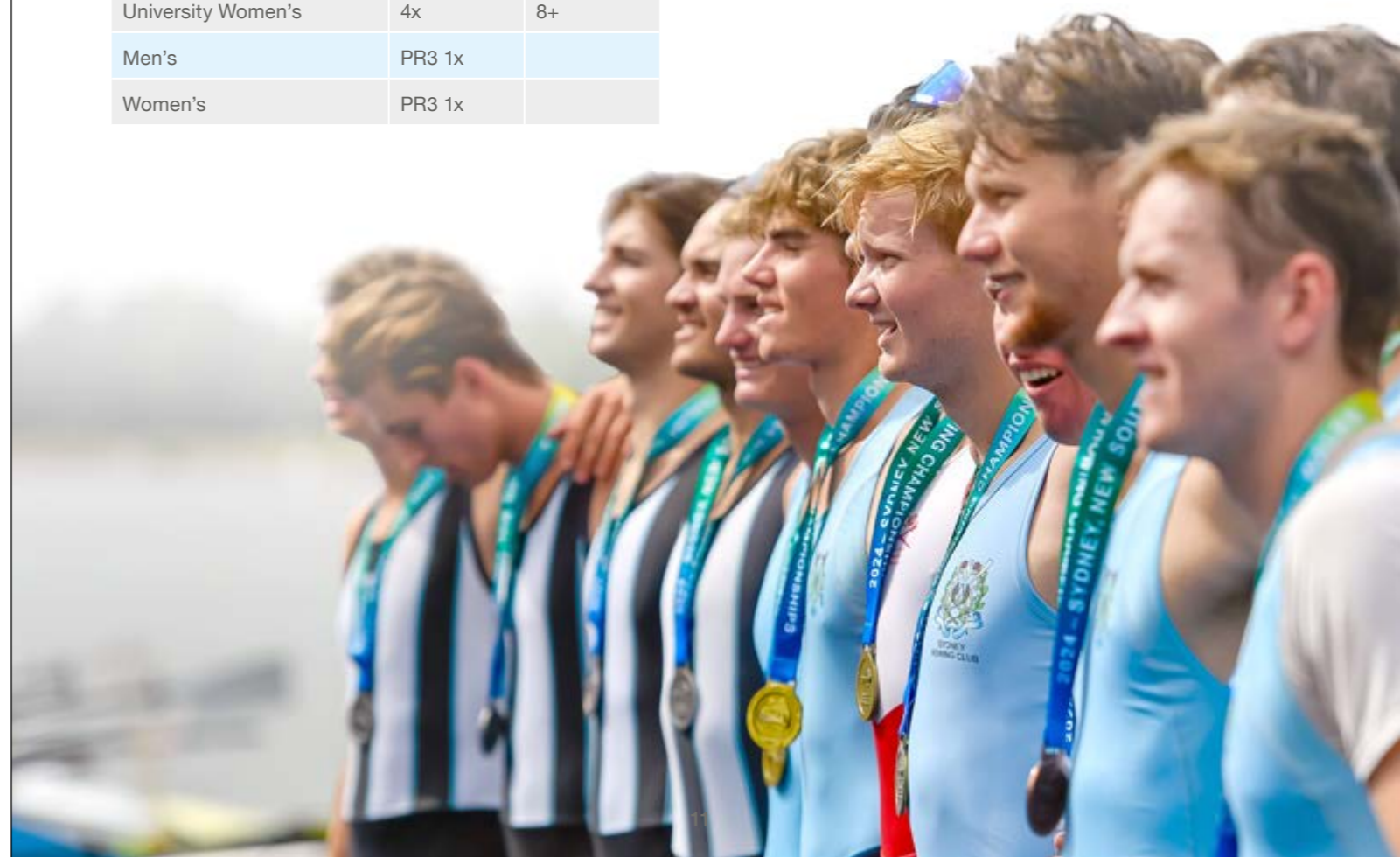
Men's	PR3 1x	1x	L4-	Youth8+	8+
Women's	PR3 1x	1x	L4x	Youth8+	8+

**KING'S &
QUEEN'S
CUPS INTERSTATE
REGATTA**

AUSTRALIAN SPRINT ROWING CHAMPIONSHIPS

The following race categories will be contested at the Australian Sprint Rowing Championships:

Open Men's	4x+	8+
Open Women's	4x+	8+
Schoolgirls	4x+	8+
Schoolboys	4x+	8+
University Men's	4x	8+
University Women's	4x	8+
Men's	PR3 1x	
Women's	PR3 1x	



HISTORY OF THE KING'S AND QUEEN'S CUP REGATTAS



THE KING'S CUP (INTERSTATE MEN'S COXED EIGHT)

Inter-colonial racing in eight-oared boats commenced in 1878 when the Victorian Rowing Association invited New South Wales oarsmen from the Sydney and the Mercantile clubs to boat crews for a race on the lower Yarra River over about four miles. Since 1921 the crews have competed for the King's Cup. The trophy had been won by a First Australian Imperial Force crew at the Royal Peace Regatta held in London in 1919 and was provided by King George V and presented to Captain H. Disher on behalf of the victorious crew by Princess Arthur of Connaught. In time, and in against dogged resistance from the Australian War Memorial, the Victorian Rowing Association petitioned the King to express his intention for the Cup, and at his command it became the perennial trophy to be presented to the winning state representative men's eight at the annual Australian Rowing Championships.



THE QUEEN'S CUP (INTERSTATE WOMEN'S COXED EIGHT)

The premier interstate event for women was the ULVA trophy which from 1920 till 1998 was a fours event. The trophy had first been presented by the United Licensed Victuallers Association (ULVA) of Queensland, and is affectionately known as Bertha. In 1999 the women's interstate race was changed to an event for VILs. In 2003, the trophy became officially known as the Queen Elizabeth II Trophy, or the Queens Cup. The original ULVA trophy remains the perpetual trophy.

THE PRESIDENT'S CUP (INTERSTATE MEN'S SINGLE SCULL)



An intercolonial sculling race between New South Wales and Victoria was first held in 1868 and then annually from 1895 with Queensland also racing. Tasmania has consistently been represented since 1903. South Australia and West Australia have entered scullers with some regularity but not consistently until the 1960s. The first President of the Australian Amateur Rowing Council, Mr E.C. Watchorn, donated the President's Cup in 1925 as the perpetual trophy for the annual Australian Interstate Single Sculling Championship.

THE NELL SLATTER TROPHY (INTERSTATE WOMEN'S SINGLE SCULL)



The first interstate championship for the Women's Single Scull was not conducted until 1963 in Brisbane and has continued annually since that date. The Nell Slatter Trophy was presented by the Queensland Women's Rowing Association in 1963 to be the perpetual trophy for the event as a tribute to the then Queensland President Nell Slatter.

THE PENRITH CUP (INTERSTATE MEN'S LIGHTWEIGHT FOUR)



The Interstate Lightweight Four Championship was introduced in 1958 after a long history of lightweight rowing within Australia. The Penrith Cup was presented to the Australian Amateur Rowing Council in 1958 by the Penrith City Council as the perpetual trophy for the event. The event was the pinnacle of a lightweight oarsman's career until 1974 when the first FISA Championships were conducted.

THE VICTORIA CUP (INTERSTATE WOMEN'S LIGHTWEIGHT QUAD)



The first Women's Interstate Lightweight Four-Oared Championship was contested on the Yarra River in Melbourne on 28th April, 1968. The Victoria Cup, presented by the Victorian Ladies' Rowing Association, is the perpetual trophy for this event. In 1999, the change was made from coxless four to quad scull as most lightweight women's rowing was in sculling boats due to the introduction of an Olympic women's lightweight double scull.

THE NOEL F WILKINSON TROPHY (INTERSTATE MEN'S YOUTH EIGHT)



The first Championship was conducted in Victoria in 1974, and in that same year, the Australian Rowing Council accepted an offer by Noel Wilkinson to provide a perpetual trophy for the event. Noel was a great fundraiser for both Australian rowing teams and Australian Olympic teams. He was also a long serving Treasurer of the Council.

THE BICENTENNIAL CUP (INTERSTATE WOMEN'S YOUTH EIGHT)



A women's youth event was commenced in 1988 (the year of Australia's Bicentenary) in coxed fours. The event became an eight oared event in 1994 due the continued growth in women's rowing. The Cup was presented by the NSW Rowing Association.

PR3 MEN'S SINGLE SCULL

The PR3 Men's Single Scull (formally the LTA Men's Single Scull) made its debut in the Interstate Regatta in 2016. In its inaugural year it was won by Kevin du Toit of New South Wales. The race results contribute to the overall States' point scores and help to decide who may win the Rowing Australia Cup at the conclusion of the Regatta.

PR3 WOMEN'S SINGLE SCULL

The PR3 Women's Single Scull (formally the LTA Women's Single Scull) made its debut in the Interstate Regatta in 2016. In its inaugural year it was won by Paralympian Kate Murdoch of New South Wales. The race results will contribute to the overall States' point scores and help to decide who may win the Rowing Australia Cup at the conclusion of the Regatta.

For more detailed histories please visit: www.rowinghistory-aus.info

REGATTA INFORMATION

REGATTA RULES

The Australian Open Rowing Championships, Australian Open Schools Rowing Championships and the Interstate Regatta will be conducted according to the rules and regulations of Rowing Australia, including for lightweight and coxswain weight restrictions and weighing-in times.

The JURY for the event:

- **President of the Jury and Referee:** William Webster (VIC)

- **Assistant President of the Jury:** Catherine Garrington (ACT)

Sarah Connor (ACT), Paul Diggerson (VIC), Ashley Dillon (VIC), Lauren Farnden (NZ), Grant Ford (WA), Phillip Fraser (TAS), David Grubits (VIC), Rene Klupacs (VIC), Duncan MacKinnon (VIC), Paul Knight (SA), Bruce McCarthy (QLD), Stewart McQuade (QLD), John Murdoch (WA), Geoff Northam (ACT), Rod Roy (QLD), Chloe Schauble (QLD), Greg Smith (NSW), Rob Stobie (QLD), Sophie Strachan (NZ), Chris Tucker (NSW).

ENTRIES

A complete list of entries into each event can be found on the event website: <https://rowingmanager.com/regattas/6539/entries>

THE DRAW

The draw for all Australian Open and Open Schools Rowing Championship events will be conducted on site on Sunday 23 March 2025 at 5pm.

VENUE OPENING HOURS AND TRAINING

The Lake Barrington International Rowing Course will be open at 6.30am each day for athletes and coaches, and 7.00am for spectators; and will close at 7.30pm.

The course will officially open for training at 7.00am on Saturday 22 March 2025.

Crews may hit the water for post-racing training (if time permits and as advertised daily) from the start of the last race of the day but shall not be allowed onto the course until 15min after the last race. The course shall close for training at 6.30pm each day

TRAFFIC RULES

Maps relating to the traffic rules during training are [included in this program](#) and will be displayed around the venue.

ATHLETE AND BOAT WEIGHING

Boat weighing will take place in Boatsheds 2 and 3. Athlete weighing will take place in boatshed 4. Scales will be available from 7.00am Sunday 23 March 2025.

MEDALS

Where there are four or more starters in an event, 1st, 2nd and 3rd place medals shall be awarded. Where there are three starters, 1st and 2nd place medals shall be awarded. Where there are two starters, 1st place medals only shall be awarded. Where there is one starter, 1st place medals are awarded following a row-over.

DRAW AND RESULTS

The draw for each day's racing will be posted on all noticeboards at the venue as soon as possible and no later than 60 minutes prior to the commencement of each session. It will also be available on the website: <https://rowingmanager.com/regattas/6539/draw>

Results of each race will be available on as each race progresses.
Go to: <https://rowingmanager.com/regattas/6539/results>

LIVE WEBCAST

A livestream of racing will be available for all seven days of racing. It will be accessible through YouTube and will be free to stream: <https://www.youtube.com/watch?v=ytQqCjPvP2c&list=PLmSd2uSONLTWX5ivtCyPZs8Mtr5SjPTIH>

CREW LISTS

Go to <https://rowingmanager.com/regattas/6539/entries>



THE WAY TO THE FINAL

AUSTRALIAN OPEN ROWING CHAMPIONSHIPS - EIGHT LANE PROGRESSION SYSTEM TO DETERMINE FINALISTS

CREWS	RACE TYPE	NO CREWS	PROGRESSION
1..8	1 Heat	Up to 8	Selection Events: Compulsory Preliminary Round Nominated Events (see Below): Non-Compulsory Preliminary Round All crews to Final All other events: First and Final
	1 Final		
9..12	2 Heats	4 to 6	1..2 -> Final A, Rest Repechage
	1 Rep	5 to 8	1..4 -> Final A, Rest Eliminated (or Final B)
	up to 2 Finals	Finals of up to 8	
13..16	2 Heats	6 to 8	1..2 -> Final A, Rest Repechage
	2 Reps	4 to 6	1..2 -> Final A, Rest Eliminated (or Final B)
	Up to 2 Finals	Finals of up to 8	
17..20	3 Heats	5 to 7	1..4 -> Semi A/B, Rest -> Repechage
	1 Reps	5 to 8	1..2 -> Semi A/B, Rest Eliminated (or Final C)
	2 Semis	8	1..4 -> Final A, Rest Eliminated (or Final B)
	up to 3 Finals	Finals of up to 8	
21..24	3 Heats	7 or 8	1..4 -> Semi A/B, Rest Repechage
	2 Reps	4 to 6	1..2 -> Semi A/B, Rest Eliminated (or Final C)
	2 Semis	8	1..4 -> Final A, Rest Eliminated (or Final B)
	up to 3 Finals	Finals of up to 8	
25..28	4 Heats	6 or 7	1..3 -> Semi A/B, Rest Repechage
	2 Reps	6 to 8	1..2 -> Semi A/B, Rest Eliminated (or Semi C/D)
	2 Semis A/B	8	1..4 -> Final A, Rest Eliminated (or Final B)
	2 Semis C/D	4 to 6	1..4 -> Final C, Rest -> Final D
	up to 4 Finals	Finals of up to 8	
29..32	4 Heats	7 or 8	1..2 -> Semi A/B, Rest Repechage
	4 Reps	5 or 6	1..2 -> Semi A/B, Rest Eliminated (or Semi C/D)
	2 Semis A/B	8	1..4 -> Final A, Rest Eliminated (or Final B)
	2 Semis C/D	6 to 8	1..4 -> Final C, Rest -> Final D
	up to 4 Finals	Finals of up to 8	

33..37	6 Heats	5 to 7	1 -> Semi A/B, Rest Repechage
	5 Reps	5 to 7	1..2 -> Semi A/B, Rest Eliminated (or Last to Final E, Rest to Semi C/D)
	2 Semis A/B	8	1..4 -> Final A, Rest Eliminated (or Final B)
	2 Semis C/D	6 to 8	1..4 -> Final C, Rest -> Final D
	up to 5 Finals	Finals of up to 8	
38..46	6 Heats	5 to 8	1 -> Semi A/B, Rest Repechage
	5 Reps	6 to 8	1..2 -> Semi A/B, Rest Eliminated (or 3 – 5 to Semi C/D, Rest to Final E/F)
	2 Semis A/B	8	1..4 -> Final A, Rest Eliminated (or Final B)
	2 Semis C/D	7 or 8	1..4 -> Final C, Rest Final D
	up to 6 Finals	Finals of up to 8	
47..54	8 Heats	5 to 8	1 -> Quarter A/B, Rest Repechage
	8 Reps	6 to 8	1..3 -> Quarter A/B, Rest Eliminated Rest Eliminated
	4 Quarters		1..4 -> Semi A/B, Rest Eliminated
	2 Semis A/B	8	1..4 -> Final A, Rest Eliminated (or Final B)
	up to 6 Finals	Finals of up to 8	

Notes:

- The Fairness Commission may alter the progression at any time. In such cases ample notice will be given to competitors.
- The Technical Delegate(s) in consultation with the President of the Jury and the Fairness Committee will determine the Progression system to apply to each event/category.
- The Australian Open Schools Rowing Championship events will use an exhaustive finals progression – Final B, Final C, Final D etc. for all events with the exception of the 1x and 2x which will run only A and B Finals. Please note this is a change from previous years.

RACE FOR LANES

In Under 19 and School events that attract 8 entries or less, a non-compulsory race for lanes will be conducted.

In events used for selection purposes (Open Men's and Women's Single Scull, Open Men's and Women's Pair, Open Lightweight Men's Single Scull, Under 23 Men's and Women's Single Scull, Under 23 Men's and Women's Pair, Under 23 Men's and Women's Lightweight Single Scull and PR3 1x) a compulsory race for lanes will be conducted, where 8 entries or less are received.

In the remaining U17 (club), U21 and Para events, where 8 or less entries are received, competitors will proceed directly to a final.

SPECTATOR INFORMATION

CAR PARKING

All car parking at ARC will be **free of charge**. Please follow the directions of all venue parking staff and volunteers.

MEDICAL

The Regatta Doctor will be located in Davies Bay Lodge - see maps for exact location.

FOR YOUR SAFETY

NO BARE FEET: Wear closed toe shoes at all times when in and around the venue.

KEEP HYDRATED: SIP, SIP, SIP and then SIP some more.

KEEP YOUR HEAD COVERED: Wear a hat.

BLOCK OUT THE SUN: Apply sun screen and re-apply every two hours.

STAY OFF YOUR FEET: Limit the amount of walking you do.

LEARN AND LOAD

On Wednesday March 26 at 5.30pm, Rowing Australia will host this event to allow the community to engage with a Q&A session with National Training Centre Athletes. There will be a free Pasta Night for attendees and it will be held at the Regatta Centre. Registrations are available online at: <https://rowingaustralia.com.au/arc-club-competitor-info>

WOMEN IN SPORT BREAKFAST

Thursday March 27 at 8:00am, the ROWunion Marquee will feature a panel discussion celebrating the amazing achievements of Women in sport. The Panel features Sarah Cook, CEO of Rowing Australia, Alexandra Viney, Australian Paralympic Rower and Rowsella, Emmie Frederico, US College Pathways athlete, and Hally Chapman the National TID and US-Based Lead Coach.

ALCOHOL

You will be able to purchase alcohol at the venue, however, as it is a ticketed event, you will not be able to bring alcohol into the venue. Random bag checks will be carried out by security marshals. People who have brought alcohol into the venue will have this confiscated: intoxicated people will be asked to leave the venue.

CATERING

There will be a variety of food and drink options available at the event around the venue.

ROWUNION

The Rowunion bar will operate from Wednesday to Sunday.

CONTACT DETAILS AND MORE INFORMATION

Australian Rowing Championships
c/- Rowing Australia
P.O. Box 7147, YARRALUMLA ACT 2600
Email: aevans@rowingaustralia.com.au
Tel: +61 2 6214 3526 Website: rowingaustralia.com.au/arc



CLUB AND SCHOOL COLOURS

CLUB TITLE	CREW TITLE	ABBREVIATION	STATE	COLOURS
ANA Rowing Club	ANA Rowing Club	ANA	WA	Black and white verticle stripes
ANU Boat Club	ANU	ANU	ACT	White with 3 blue bands
Adelaide High School	Adelaide High	AHS	SA	Black with white facings
Adelaide Rowing Club	Adelaide	ADEL	SA	Black, red and gold hoops, black shorts
Adelaide University Boat Club	Adelaide Uni	ADLUN	SA	White with black "v",black shorts
All Hallows' School	All Hallows'	AHS	QLD	Light blue and navy
Army Rowing Node - India	Army Rowing Node India	ARN	IND	
Ascham School	Ascham	ASCH	NSW	Red with blue, khaki, blue side stripes
Ballarat Clarendon College	Ballarat Clarendon	BTCCL	VIC	Black shorts, red top, gold side panels
Ballarat Grammar School	Ballarat Grammar	BALGR	VIC	Royal blue with gold shoulder and side panels on top, large gold logo on back.
Banks Rowing Club	Banks	BANKS	VIC	Pink, navy bottom, club motif on front, letters banks in navy across back
Barwon Rowing Club	Barwon	BARW	VIC	Thin blue and white hoops, blue shorts
Black Mountain Rowing Club	Black Mountain	BMRC	ACT	Red
Brighton Grammar School	Brighton Grammar	BGS	VIC	Navy blue and red, patterned horizontal stripe with crest in centre of chest
Brisbane Boys' College	Brisbane Boys	BBC	QLD	Green, black and white
Brisbane Girls Grammar School	Brisbane Girls GS	BGGS	QLD	Navy blue and white
Brisbane Grammar School	Brisbane Grammar	BRISG	QLD	Light blue and dark blue
Brisbane State High School	Brisbane SHS	BNESH	QLD	Cerise and navy
Buckingham Rowing Club	Bucks	BRC	TAS	Gold with green hoops, green shorts
Bundaberg North SHS	Bundaberg NSHS	BNSHS	QLD	Purple and white
Bundaberg Rowing Club	Bundaberg	BUND	QLD	Black and gold
Bundaberg State High School	Bundaberg SHS	BUNSH	QLD	Light blue, dark blue
Canberra Girls Grammar School	Canberra Girls Grammar	CGGS	ACT	Green, red, yellow and white
Canberra Grammar School	Canberra Grammar	CGS	ACT	Sky blue, navy blue
Canberra Rowing Club	Canberra	CANB	ACT	Blue to black gradient with yellow dot swirl
Canterbury Rowing Club	Canterbury	CRC	NZL	
Centenary Rowing Club	Centenary	CENT	QLD	Red, white and blue
Christ Church Grammar School	Christ Church	CCGS	WA	Navy blue yellow

CLUB TITLE	CREW TITLE	ABBREVIATION	STATE	COLOURS
Christian Brothers College	Christian Bros	CBC	SA	White with purple facings
Commercial Rowing Club	Commercial	COMM	QLD	Light blue and dark blue
Community Rowing Club	Community	CRC	NSW	Dark violet shorts, cyan green top with crest, cyan green side panel with CRC, dark violet, white & cyan green side stripe
Corio Bay Rowing Club	Corio Bay	CORIO	VIC	Purple, gold trimmings
Cranbrook School	Cranbrook	CRANB	NSW	White with a dark blue bands
Damascus College	Damascus College	DAM	VIC	Navy, maroon and gold diagonal stripes
Daramalan College	Daramalan	DARA	ACT	Red and black
Elizabeth College	Elizabeth	EC	TAS	White with maroon hoop, black shorts
Emmaus College	Emmaus College	EMC	QLD	Red, white and dark blue
Essendon Rowing Club	Essendon	ESSEN	VIC	Black, red sash
Fahan School	Fahan	FS	TAS	Navy & ochre
Ferny Grove State High School	Ferny Grove SHS	FGSHS	QLD	
Firbank Grammar School	Firbank Grammar	FRBGR	VIC	Bright yellow with grey shorts
Fremantle Rowing Club	Fremantle	FRC	WA	Cambridge blue and white
Geelong Grammar School	Geelong Grammar	GEELG	VIC	Black shorts, light blue top
Genazzano FCJ College	Genazzano	GNFCJ	VIC	Navy blue, white yoke, maroon & white horizontal stripes
Genesis Christian College	Genesis Christian	GCC	QLD	
Geneva Christian College	Geneva Christian	GCC	TAS	Gold and green, green shorts
Gippsland Grammar	Gippsland Grammar	GGG	VIC	Green with white & black diagonal stripes
Glebe Rowing Club	Glebe	GLEBE	NSW	Maroon with white v on back and white trim with crest
Guildford Young College	Guilford	GYC	TAS	Navy blue with gold, red and blue hoops
Haileybury	Haileybury	HLBY	VIC	Black with magenta side panels with gold stripe
Hawthorn Rowing Club	Hawthorn	HAWTH	VIC	Blue and white hoops
Hunter Valley Grammar School	Hunter Valley Grammar	HVGS	NSW	Navy blue with yellow, green, light blue bands
Kand Rowing Club Inc	Kand	KRC	QLD	
Kelvin Grove State College	Kelvin Grove	KGSC	QLD	
Kentish Rowing Club	Kentish	KRC	TAS	Yellow, purple and black
King's College Boat Club	King's College Boat Club	KCBC	QLD	
Kinross Wolaroi School	Kinross Wolaroi	KINR	NSW	Sky blue with navy blue, white and navy blue horizontal stripes across chest. Navy blue shorts
Korowa Anglican Girls School	Korowa AGS	KAGS	VIC	Charcoal grey suit with cherry red yoke and white, cherry red side stripes, white korowa across the back
Lake Macquarie Rowing Club	Lake Macquarie	LMRC	NSW	Green shoulders, curved yellow panels, blue centre panel

CLUB TITLE	CREW TITLE	ABBREVIATION	STATE	COLOURS
Launceston Grammar	Launceston Grammar	LCGS	TAS	White and blue vertical stripes
Leichhardt Rowing Club	Leichhardt	LEICH	NSW	White with red and royal blue V
Loreto - Toorak	Loreto - Toorak	LMHT	VIC	Hyacinth blue, white and yellow side panels
Loreto College - Ballarat	Loreto - Ballarat	LCB	VIC	Gold with royal blue trim and bottom, fleur de lys crest on chest
Loreto Kirribilli	Loreto Kirribilli	LOR-K	NSW	Royal blue, yellow diagonal sash, school crest
Loreto Normanhurst	Loreto Normanhurst	LOR-N	NSW	Navy blue, white bib with school crest and gold sleeves
Lourdes Hill College	Lourdes Hill	LOURD	QLD	Purple and white
MLC School	MLC School	MLCSC	NSW	Navy blue with half white, half sky blue side panels
Manning River Rowing Club	Manning River	MANN	NSW	Royal blue and red vertical stripes
Manning Valley Anglican College	Manning Valley Anglican College	MVAC	NSW	
Marist College Canberra	Marist College	MCC	ACT	Dark blue, light blue
Maroochy River Rowing Club	Maroochy	MRRC	QLD	Black, red & white
Melbourne Girls' College	Melbourne GC	MGC	VIC	Navy w purple, white & green horizontal stripes & crest
Melbourne Girls' Grammar School	Melbourne Girls' GS	MLBGG	VIC	Navy blue, white logo on chest & 'melbourne' on back
Melbourne Grammar School	Melbourne GS	MGS	VIC	Navy blue
Melbourne High School	Melbourne HS	MLBHS	VIC	Maroon, white side panels
Melbourne University Boat Club	Melbourne University	MUBC	VIC	Black & white
Mercantile Rowing Club	Mercantile	MERC	VIC	White, cambridge blue trim, motif & badge
Mersey Rowing Club	Mersey	MERS	TAS	Royal blue, light blue side panel, light blue trim
Methodist Ladies' College	MLC Kew	MLCK	VIC	White, diagonal green stripe, black shorts
Monte Sant' Angelo Mercy College	Monte Sant' Angelo	MONT	NSW	Navy blue with aqua blue and white diagonal sash. Aqua blue side panels with monte
Mosman Rowing Club	Mosman	MOSM	NSW	White and red hoops
Murray Bridge Rowing Club	Murray Bridge	MBRC	SA	Pale blue w navy blue facings; navy shorts, maltese cross on chest
Nepean Rowing Club	Nepean	NEPN	NSW	Light blue with royal blue vertical stripe w crest
Nestles Rowing Club	Nestles	NESTL	VIC	White and maroon, large n on back
New Norfolk Rowing Club	New Norfolk	NWNFK	TAS	Gold and black, black maltese cross
Newcastle Grammar School	Newcastle Grammar	NEWGR	NSW	Navy and aqua blue vertical stripes with burgundy and white pinstripes. Crest on chest, navy blue shorts
Newcastle Rowing Club	Newcastle	NEWC	NSW	Red, white and blue bands
Newcastle University Boat Club	Newcastle Uni	NUBC	NSW	Maroon with white shoulders and white and maroon side stripes. Black shorts. Crest on chest and logo on back
Newington College	Newington	NWGTON	NSW	White with black vertical stripe, black wyvern crest
North Esk Rowing Club	North Esk	NESK	TAS	Sky blue and white, dark blue shorts

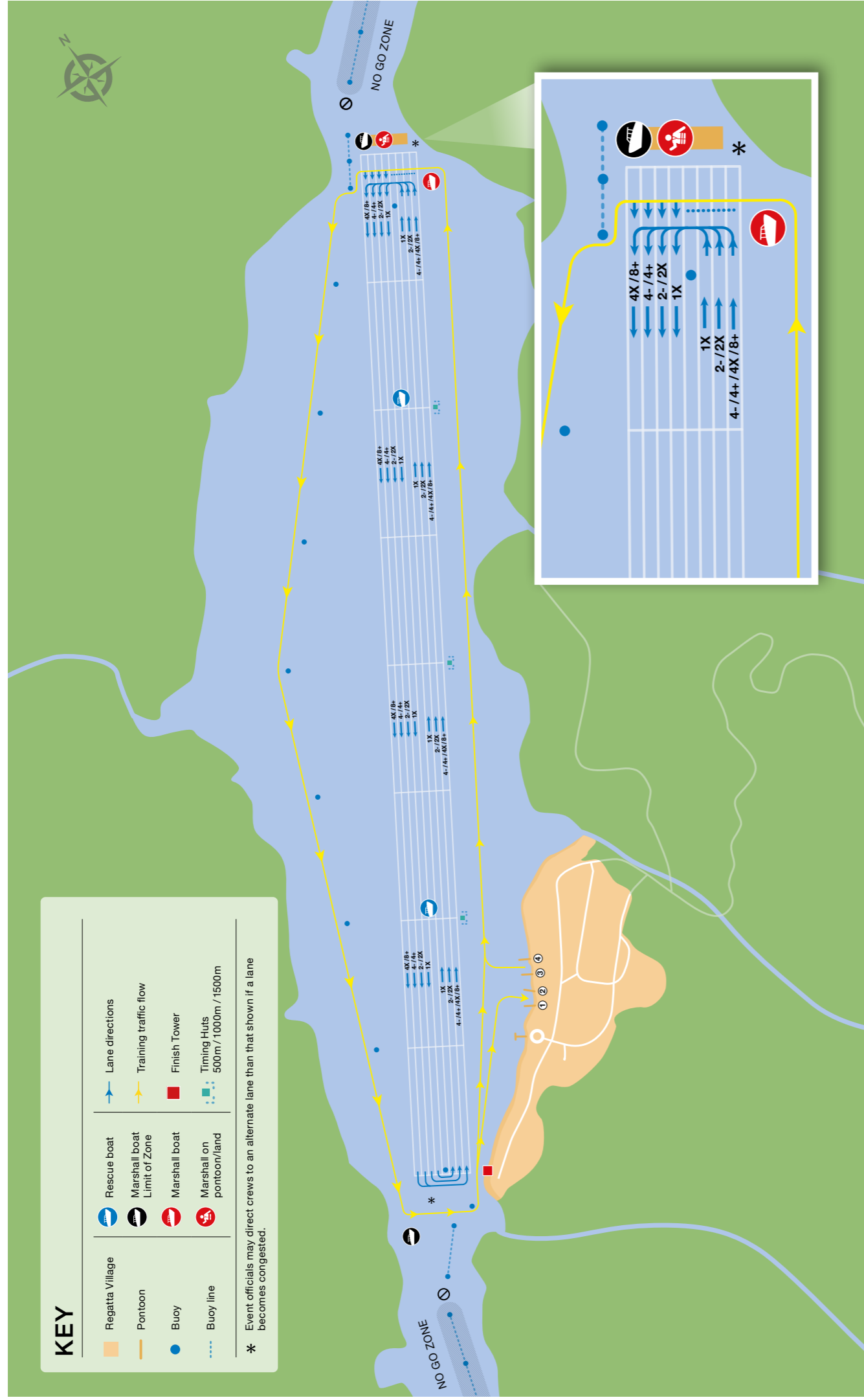
CLUB TITLE	CREW TITLE	ABBREVIATION	STATE	COLOURS
Northern Beaches Secondary College	N Beaches Secondary	NBSC	NSW	Navy blue with red, white and blue horizontal bands across chest
Norwood International High School	Norwood International High	NIHS	SA	Navy blue, red & gold facings
Pembroke School	Pembroke School	PMBHS	SA	Green, gold and navy trim
Perth College	Perth College	PTHCL	WA	Navy blue and blue and white side stripe
Presbyterian Ladies College	PLC Sydney	PLCS	NSW	Red top with black trim. White and black swipes across chest. Plc sydney on back. Black shorts
Presbyterian Ladies' College - Perth	PLC	PLCWA	WA	Green top with navy blue and white diagonal stripes
Prince Alfred College	Prince Alfred College	PAC	SA	Maroon with white trim
Pymble Ladies College	Pymble Ladies'	PYMB	NSW	Navy blue with white side panels, red triangle centre
Queenwood School	Queenwood	QUEEN	NSW	Charcoal red side panel with stars, "Q" on back
Radford College	Radford College	RADF	ACT	Maroon, navy & sky blue
Redlands	Redlands	REDL	NSW	Navy blue and gold vertical stripes
Richmond Rowing Club	Richmond	RCHMD	VIC	Black front, yellow back with black sash and white stripe, black shorts
Riverside Rowing Club	Riverside	RRC	SA	Black with red, yellow & green panels, red hat
Rockhampton Fitzroy Rowing Club	Rockhampton Fitzroy	RFITZ	QLD	Blue & white
Rockhampton Grammar School	Rockhampton Grammar	ROCKG	QLD	Red and black
Roseville College	Roseville	ROSE	NSW	Maroon bottom with gold and navy "V", white top with crest on front
Rowing ACT	Aust Capital Territory	ACT	ACT	
Rowing New South Wales	New South Wales	NSW	NSW	Sky blue
Rowing Queensland	Queensland	QLD	QLD	
Rowing South Australia	South Australia	SA	SA	
Rowing Tasmania	Tasmania	TAS	TAS	
Rowing Victoria	Victoria	VIC	VIC	Navy blue with a white V
Rowing WA	Western Australia	WA	WA	
Ruyton Girls' School	Ruyton Girls'	RGS	VIC	Navy shorts, white top with navy and gold side panels, emblem on centre of chest.
Sacred Heart College - Geelong	Sacred Heart	SHC-V	VIC	Sky blue w navy blue divided by a white diagonal sash
Scotch College	Scotch College	SC-V	VIC	Cardinal, yellow & navy side stripes
Scotch College - Adelaide	Scotch College ADEL	SCADL	SA	Gold with navy facings. Blue trim
Scotch Oakburn College	Scotch Oakburn	SCOAK	TAS	Gold and navy
Seymour College	Seymour College	SEY	SA	Green, navy and white
Shalom College	Shalom	SHAL	QLD	Red and black

CLUB TITLE	CREW TITLE	ABBREVIATION	STATE	COLOURS
Shenton College	Shenton College	SHC	WA	Green and blue
St Aidan's Anglican Girls School	St Aidan's	SAAGS	QLD	Brown, white and navy
St Augustines College	St Augustines	STAUG	NSW	Mineral green with gold sash and black and red trim sash; black shorts with green side panel
St Bernard's College	St Bernards's	STBER	VIC	Black with yellow and blue side panel
St Brendan Shaw College	Brendan Shaw	SBSC	TAS	Navy, green V
St Catherine's School	St. Catherine's	STCAT	VIC	Light blue, dark blue with yellow stripe & crest
St Catherine's School	St Catherine's	STCAT	NSW	White with red, yellow, blue hoops & side panel
St George Rowing Club	St George	STGEO	NSW	White with red band with crest
St Ignatius College	St Ignatius	STIGN	NSW	Royal blue with white trim,centre school crest
St Joseph's Nudgee College	Nudgee	SJNC	QLD	Royal blue and white
St Joseph's College	St Josephs	STJOE	NSW	Cerise with royal blue trim
St Kevin's College	St. Kevin's	STKC	VIC	Navy blue, green and gold vertical stripes
St Mary's College	St Marys	SMC	TAS	Blue with green and brown trim, green shorts
St Michael's Collegiate School	Collegiate	STMIC	TAS	White, red side panels, navy blue shorts
St Patrick's College	St Patricks	STPAT	TAS	Green and gold vertical stripes, green shorts
St Patrick's College Ballarat	St. Patrick's College	STPAT	VIC	White green trim & shamrock
St Patrick's College Townsville	St Patrick's Townsville	SPC	QLD	Gold & navy blue with navy & white side stripes
St Peter's College	St Peter's College	STPET	SA	Royal blue with white facings
St Virgil's College	St Virgils	SVC	TAS	Blue, green side panels, gold trim
Strathcona BGGs	Strathcona	SBGGS	VIC	Black front with pink back, with diagonal striped pattern
Stuartholme School	Stuartholme	SHLME	QLD	Red and yellow
Surfers Paradise Rowing Club	Surfers Paradise	SPRC	QLD	Red & black
Swan River Rowing Club	Swan River	SRRC	WA	Navy blue with white edge
Sydney Girls High School	Sydney Girls	SGHS	NSW	Chocolate brown with yellow & white sash
Sydney Grammar School	Sydney Grammar	GRAMM	NSW	Black with gold side panels
Sydney Rowing Club	Sydney	SRC	NSW	Sky blue with crest
Sydney University Boat Club	Sydney University	SUBC	NSW	White with gold and royal blue band
Tamar Rowing Club	Tamar	TAMAR	TAS	Navy blue and white
Tasmania University Boat Club	TUBC	TUBC	TAS	Red and black, black trim
The Armidale School	The Armidale School	ARMS	NSW	Prussian blue and white hoops
The Cathedral School	The Cathedral School	CATHQ	QLD	Dark blue, brown and white
The Friends School	Friends	TFNDS	TAS	Red and navy

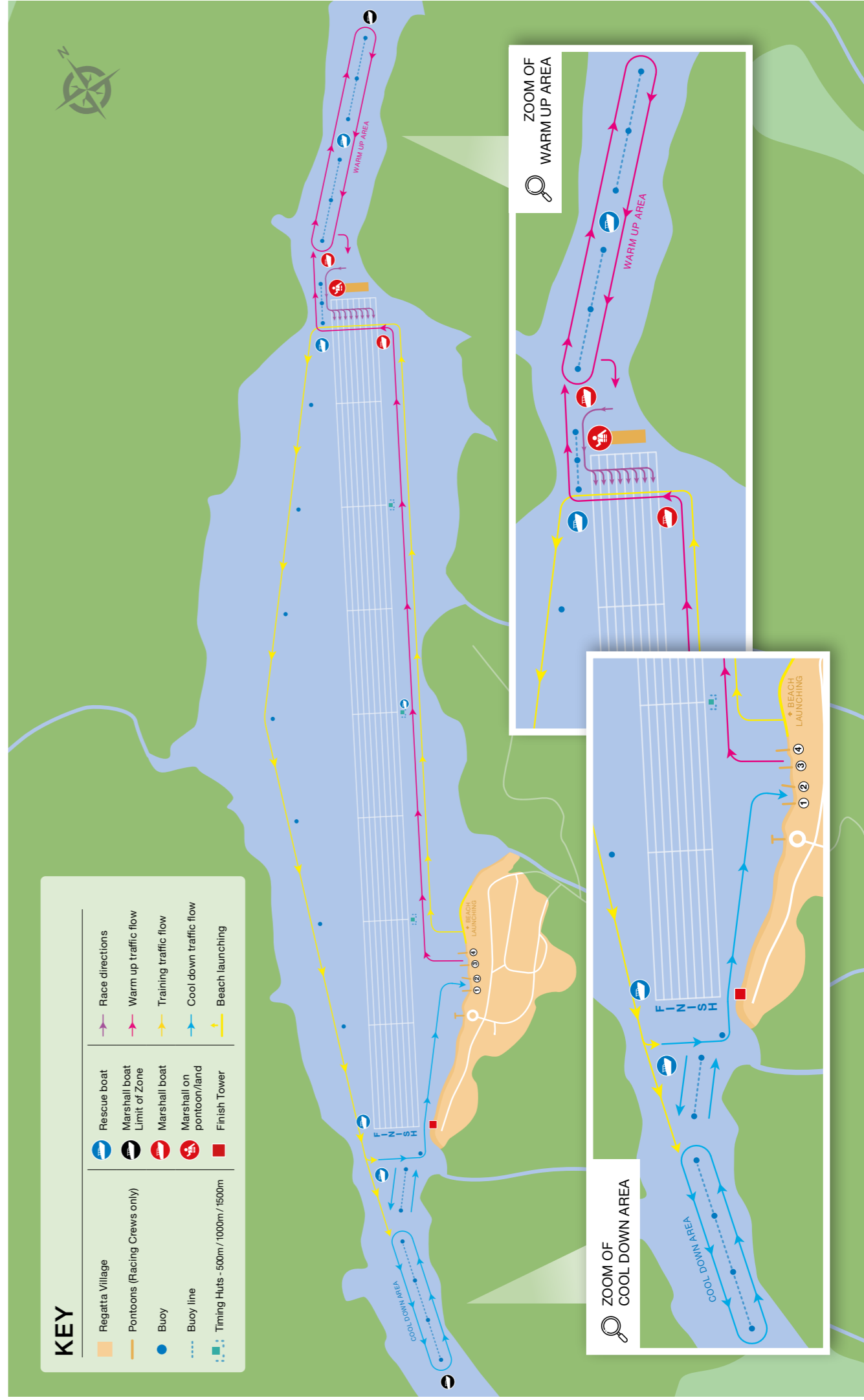
CLUB TITLE	CREW TITLE	ABBREVIATION	STATE	COLOURS
The Geelong College	Geelong College	GEELC	VIC	Green with white and blue horizontal stripes, blue shorts
The Hutchins School	Hutchins	THS	TAS	Magenta and black with gold and black trim
The King's School	Kings	KINGS	NSW	Sky blue with crest on back; navy shorts
The Scots College	Scots	SCOTS	NSW	Gold with navy blue band, school crest
The Shore School	Shore	SHORE	NSW	White with navy blue trim
The Southport School	The Southport School	TSS	QLD	Red, white and blue
Toowong Rowing Club	Toowong	TOOW	QLD	Blue and gold
Torrens Rowing Club	Torrens	TORR	SA	Red and white hoops, black shorts
Townsville & James Cook University Rowing Club	Townsville JCU	TOWNS	QLD	Blue and white
Townsville Grammar School	Townsville Grammar	TSVGR	QLD	Black and gold
Trinity Grammar School, Kew	Trinity	TRI	VIC	Green with yellow side panels
Trinity Lutheran College	Trinity Lutheran College	TLC	QLD	Green, black & white
Tweed Heads and Coolangatta Rowing Club	Tweed	TWEED	QLD	Green and yellow
UTS Haberfield Rowing Club	UTS	UTS	NSW	White and black vertical stripes
Ulverstone Rowing Club	Ulverstone	URC	TAS	Maroon with white maltese cross
University of NSW Rowing Club	University of NSW	UNSW	NSW	White with yellow V, crest, 'UNSW' on back
University of Queensland Boat Club	Uni of QLD	UQBC	QLD	Maroon and light blue
University of WA Boat Club	UWABC	UWABC	WA	White with blue, green and gold
Unley High School	Unley High	UHS	SA	Oxford and cambridge blue vertical stipes
Walford Anglican School	Walford Anglican	WALF	SA	Sky blue, gold facings, navy shorts
Wendouree - Ballarat Rowing Club	Wendouree Ballarat	WENDB	VIC	Red, white star, 1 wide white band flanked by 2 narrow white bands
Wenona School	Wenona	WENOA	NSW	Navy blue with white bib and centre crest
Wesley College	Wesley College	WC	VIC	Purple with gold lion
West Australian Rowing Club	WARC	WARC	WA	Cardinal and gold
Western Heights College	Western Heights College	WHC	VIC	Navy blue, orange trimmings, white detailing
Wilderness School	Wilderness School	WS	SA	White, two sky blue hoops, black shorts
Xavier College	Xavier College	XC	VIC	Black, red trim
Yarra Yarra Rowing Club	Yarra Yarra	YARRA	VIC	Cardinal with navy blue shorts, navy striped side panels



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