

## **Appendix 12**

### **BEACH SPRINT ROWING COMPETITION REGULATIONS**

#### **EVENT REGULATIONS AND/OR DEPARTURES FROM THE RA RULES OF RACING AND/OR DEPARTURES FROM THE COASTAL ROWING COMPETITION REGULATIONS**

##### **1) Rowing, Boats, Regattas (Coastal Regulation 1, Rule 1)**

A Beach Sprints Rowing regatta is a regatta in which all rowers use Coastal Rowing boats as defined in the Coastal Rowing Competition Regulations and where the competition course includes a transition between beach and sea and is in accordance with these Regulations.

##### **2) Application (Coastal Regulation 2, Rule 2)**

Rules and regulations applying to Coastal Rowing regattas shall apply to Beach Sprints Rowing regattas except as provided herein and approved as departures from the Regulations.

##### **3) Safety and Health of Rowers (Coastal Regulation 6 & Rule 22)**

The rules around health and safety of rowers apply to Beach Sprint rowing.

a) Each rower at Beach Sprint rowing events shall ensure that:

- i) they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event; and
- ii) they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.

b) While the organising committee of a regatta shall take all reasonable steps to provide safe rowing conditions and appropriate safety measures, the ultimate responsibility for competing safely lies with each individual rower and their team officials.

c) These requirements are in addition to the safety provisions in Regulation 15.

##### **4) Men's and Women's Events**

a) At Rowing Australia Beach Sprint Rowing regattas Rule 21 and its By-Laws as to gender eligibility apply.

##### **5) Categories (Coastal Regulation 7, Rule 25)**

The following age categories for rowers are recognised by Rowing Australia for Beach Rowing Sprints:

- Under 19
- Under 21
- Open
- Masters
- Para

Rowing Australia may add other events and shall publish additional events in event bulletins and on the event website.

**6) Boat Classes (Coastal Regulation 10, Rule 35)**

The following boat classes are recognised by Rowing Australia for Beach Sprints Rowing:

- Solo (C1x)
- Double Sculls (C2x)
- Coxed Quadruple Sculls (C4x+)

7) This rule has been intentionally left blank.

**8) Boats and Equipment (Coastal Regulation 12, Rule 38)**

All boats used in Beach Sprint Rowing regattas must meet the requirements for construction, flotation and safety for Coastal Boats specified by the Coastal Rowing Competition Regulations with the exception of the following:

- a) During Beach Sprint Rowing competition, boats are, unless required by local maritime regulations, not required to carry a life jacket for each competitor in the boat, however the organising committee shall make life jackets available for use if requested by rowers;
- b) Boats are not required to have a 15m buoyant line.
- c) At Rowing Australia regattas, RA may require that all crews use shared boats allocated by RA.
- d) The rigging of all shared boats will be set to a standard measurement which shall not be changed during the regatta, unless directed by the President of the Jury.

**9) Weight of Boats (Coastal Regulation 12, Rule 40)**

All boats used in Beach Sprint Rowing shall be not less than the minimum weight as described in the Coastal Rowing Competition Regulations. All boats shall be weighed prior to use in competition. The President of the Jury may order additional boat weighing during the competition.

**10) Race Course Characteristics (Coastal Regulation 13, Rule 42)**

- a) The race course for Beach Sprints rowing shall provide, as far as possible, fair and equal racing conditions for all crews. This shall require sufficient width of the start area to allow all the crews in each race to start without interference from other crews. The race area should be located on an evenly-shelving sandy beach free of rocks or other obstructions which might damage boats in the beach start and beach finish. The start line, finish line, turning flags and buoys shall be set to provide the same distance across all lanes for both the funning and rowing sections of the course.

The length of course shall be as provided in Regulation 10.

The course shall comprise (1) a land section – (2) a water section – (3) a land section.

The first section of the course shall be a straight line from a point on the beach (the start/finish line) to the water edge, a distance of between approximately 10 and 50 metres.

The second section of the course shall comprise, for each lane, a series of three lane buoys in each racing lane, the first buoy positioned approximately 85 metres from the water edge, the second buoy a further 85 metres out and the third buoy a further 80 metres out, all in a straight line. The number of lanes so provided shall depend on the nature of the event, but in general shall be a minimum of two lanes and up to four lanes. (See Regulation 11)

The third section of the course shall be approximately between 10 and 50 metres distance on land from the water edge back to the start/finish line.

The distances stated here shall be a general guide but will depend on local conditions. In particular, the first buoy should be positioned slightly beyond, and clear of, any wave break. Any substantial change from these dimensions is permitted with the prior approval of RA.

- b) Course Markers

- i) A plan of the course(s) showing the location of all course markers shall be included in the Notice of Regatta and also in the instructions issued to all crews upon arrival at the regatta. The plan shall also be displayed at the Control Commission;

- ii) For safety and visibility purposes, the buoys used to mark the turning points should be inflatable or other soft-surface type which will not cause damage to boats and equipment and shall each be approximately 150cm high. The first two buoys from the beach in each lane shall be approximately 30cm diameter and the farthest turning buoy shall be between 50cm and 100cm diameter. The 3 buoys in one lane shall each be the same colour.
- iii) The organising committee shall take all necessary precautions in setting out the course markers and the course to avoid any risks of boats grounding in shallow waters;
- iv) The organising committee shall ensure that the distances between buoys in each lane are equal and in particular that the distance of the farthest buoy from the beach in each lane is equal;
- v) If the course is located in waters that are affected by significant tidal movements the organising committee shall make arrangements for regular checking and, if necessary, repositioning of the course. This may include additional gates and markers to assure safety and fairness to the crews.
- vi) For safety purposes the layout of the course shall not allow boats to be travelling in opposite directions in the same water and the distance between the centres of adjoining lanes shall be at least 25 metres (see diagrams at Annex A and B)

c) Start and Finish Lines

- i) The start line shall be visually marked on the beach in a clear, fixed manner which will keep its position under all race situations. The width of the start line shall be a minimum of 3 metres. The distance from the start line to each boat shall be equal for all rowers. Where a starting light system will be used to start the races, a starting light will be placed 5 meters in front of the start line and evenly between the starting position of the runners so that the lights will be visible to the runners. Starting lights should also be visible to crew members who should be at the boat during the start procedure. The Starting lights shall operate as specified in Appendix 1 – Courses.
- ii) The width of the Finish Line shall be a minimum of 3 metres. Where only two racing lanes are in use, the Finish Line may be a narrow “funnel” design to bring the runners of each crew close together at the finish. However where 3 or more racing lanes are in use, the Finish line should be of such length to ensure that the runner from every crew has an equal distance from the designated finishing point of their boat to reach the Finish Line. The designated arrival point of each boat at the beach shall be marked by a flag in line with the lane buoys and runners shall be required to pass on the outside of this flag in their run to the Finish Line after leaving the boat, to ensure equal distance to the finish line.
- iii) The method of marking the Finish Line and therefore the finish of the race, may be any one of the following, or a similar arrangement:
  - 1) A clear line on the beach which the runner from each crew must cross;
  - 2) A tape which the runner from each crew must run through;
  - 3) One flag or similar device for each crew, standing upright in the sand, and which must be picked up by the runner from each crew;
  - 4) One button or similar device for each crew, which must be pressed by the runner from each crew and which, upon being pressed, shall emit a sound or visual display, at the same time recording the elapsed race time for that crew.

The finish line for runners shall be an equal distance from the water where their boats would reach the shore in their designated course.

- iv) The organising committee shall decide the method of marking the finish and this shall be included in the information given to teams.
  - v) The orientation of the start and finish line shall in principle be perpendicular to the rowing course.
  - vi) The diagrams at Annex A and Annex B to these Regulations show the general layout of the course.
- d) Race Format

- i) There are three options for the format of the rowing section of Beach Sprints.
  - (1) Option 1 – “Slalom out / slalom back” –  
When all crews are in their boats they shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy and again racing slalom fashion around each buoy back to the beach, ensuring that they go around each buoy in turn in the correct direction. The diagram at Annex A refers.

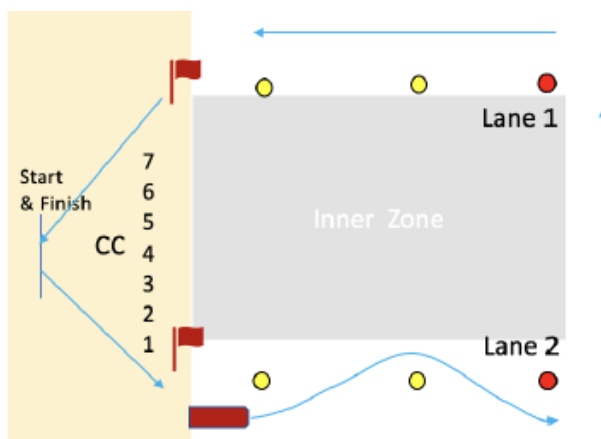
(2) Option 2 – “Slalom out / straight back” -  
 When all crews are in their boats they shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy. After rounding the last buoy they shall then race directly in a straight line back to the designated point on the beach. Crews must ensure that they go around each of the three buoys in turn in the correct direction on the outward sector. The diagram at Annex B refers.

(3) Options 3 – “Processional Time Trial”

All crews shall race, starting one after another, at prescribed intervals, using the same lane. When crews are in their boats, they shall race from the beach in a slalom fashion around each of the three buoys in turn in the lane designated as the out-bound lane, turning 90 degrees at the outermost buoy, rowing directly to the outermost buoy of the designated in-bound lane and after rounding this buoy shall race directly in a straight line back to the designated point on the beach before a crew member disembarks and runs to the beach finish line. Crews must correctly round all buoys and not interfere with other crews. A crew which is caught by a following crew must move aside to let the faster crew pass without interference. The diagram at Annex C refers.

ii) Either Option 1 or Option 2 shall be the format used for racing in normal conditions. Where the number of entries exceeds the number at which Options 1 and 2 can be used within the time available for preliminary rounds, Option 3 (Processional Time Trial) may be used. Option 3 may also be used at any stage of the regatta where adverse weather conditions have reduced the time available for racing and the remaining time is not sufficient for Options 1 and 2. The organising committee shall decide which of Options 1 or 2 shall be used and this shall be notified in the Competition Notice and shall be included in all information to teams and displayed at the venue. If the organising committee or the President of Jury decides that Option 3 is to be used at any stage of the regatta, this shall be notified to all crews as soon as possible when the decision is made. The same format should be used for all events at a regatta.

### Annex C – Option C



#### **11) Racing Distance (Coastal Regulation 14, Rule 42)**

Beach Sprints – In principle the course should include a run on the beach of between approximately 10 and 50 metres to start and to finish the race with an on-water distance of 250 metres from the beach to the farthest turning buoy. The race will then comprise a 10 – 50 metre run from the start line to the water, a 250 metre (buoys at approximately 85m + 85m + 80m) row out, a similar 250 metre row back and a 10 – 50 metre beach run to the finish. See Regulation 5 for the layout of the course. The distances stated here shall be a general guide but will depend on local conditions.

#### **12) Number of Lanes (Coastal Regulation 15, Rule 43)**

There shall be a minimum of two lanes up to, in principle, a maximum of four lanes. The number of lanes shall depend on the available space at the beach and on the water and on the number of crews entered in each event.

In all cases, the beach running distance and the water conditions should be equal for all crews. Additional lanes can be provided if a competition format so requires. The number of lanes shall be notified in the technical handbook or notice of regatta.

### **13) Composition of the Jury (Coastal Regulation 17, Rule 89)**

- a) The Jury shall consist of umpires carrying out the following duties:
  - i) President of the Jury\*
  - ii) Starter / Finish Judge \*
  - iii) Judge at the Start / Race Umpire\*
  - iv) Lane Umpires (1 per lane)
  - v) Turning Mark Umpire
  - vi) Members of the Control Commission, one of whom shall be the senior member

\*The President of the Jury, the Starter / Finish Judge, the Judge at the Start / Race Umpire and senior member of the Control Commission shall each hold an RA Umpire's license. The Jury shall be supported in its work by other officials holding a state umpire license.

- b) Several members of the Jury may have dual roles. The organising committee may also appoint an Assistant Starter and assistants to other umpires.
- c) There shall be at least one Turning Mark Umpire positioned within clear sight of the end turning buoys. Additional Turning Mark Umpires may be required if racing is conducted on more than two lanes.
- d) If a Beach Sprints regatta has large entries requiring more than two lanes then the number of Jury members may be increased accordingly.
- e) For Rowing Australia regattas, the Jury shall be appointed by RA

### **14) Identifications displayed on Equipment and Rowers (Coastal Regulation 18, Rule 50)**

the requirements of the Coastal Rowing Competition Regulations for identifications on rower uniforms and equipment shall also apply to Beach Sprint rowing.

These requirements are in addition to the requirements detailed in Rule 51 (Rowers Clothing and Blade Colours)

### **15) Safety – General Principles (Rule 62)**

- a) Race Director
  - i) The organising committee shall appoint a Race Director who is very familiar with local water conditions and who has experience of Coastal Rowing events.
  - ii) The Race Director shall be responsible for all communications with the local maritime authority and shall ensure that all safety requirements, including rescue services, are in place before the start of races and that all local maritime rules and regulations are met.
  - iii) The Race Director shall cooperate closely with the President of the Jury and shall participate in any decisions in case of adverse weather conditions. In any case where the Race Director and the President of the Jury are not in agreement on an issue regarding safety, the decision of the President of the Jury shall prevail.
- b) Crew Captains' Meeting
  - i) Before the start of the competition, a meeting shall be convened by the organising committee at which all team managers, coxswains and crew captains must participate.
  - ii) At this meeting, participants will be provided with all information reasonably required for the safe running of the event (including local maritime rules, tidal movements, currents, specific topography, bathymetry known dangers and safety rules).
  - iii) If deemed necessary, the coxswains, and the crew captains, may be invited to view the course from a motor launch of the organising committee
- c) Rowers' Obligations

- i) General obligations  
All rowers and coxswains must:
  - (1) Be familiar with and respect local maritime rules in addition to the RA Rules of Racing;
  - (2) If required by local maritime law, wear appropriate life jackets or have an individual life jacket on board within easy and convenient reach for their personal use at all times when on the water. Coxswains shall wear a life jacket at all times when on the water;
  - (3) Know what to do in the event of their boat swamping or capsizing and if their boat requires to be towed.
  - (4) While the organising committee of a regatta shall take all reasonable steps to provide safe rowing conditions and appropriate safety measures, the ultimate responsibility for competing safely lies with each individual rower and where applicable their team officials.
- ii) Crew Captain's obligations
  - (1) According to international maritime law, all sea-going vessels must have one person responsible for safety and navigation.
  - (2) The Crew Captain shall be responsible before the outing to:
    - (a) Take responsibility for assessing the risks and the ability of the crew to cope with the prevailing and forecast conditions;
    - (b) Be familiar with the current and expected weather conditions;
    - (c) Check the condition of the boat and the safety equipment on board.
  - (3) During the outing the Crew Captain shall:
    - (a) Ensure that the crew respects all navigational and safety rules;
    - (b) Require that all members of the crew wear their life jackets as necessary;
    - (c) Make necessary decisions for the safety of the crew if the weather deteriorates;
    - (d) Monitor any changes in the weather or water conditions which might affect the safety of the crew.
  - (4) After the outing the Crew Captain shall:
    - (a) Inform the Control Commission of any incidents or safety issues;
    - (b) Record and report to the organising committee any damage to a pool boat
- iii) Rowing boats must not hinder the passage of:
  - (1) Boats that can only navigate safely in a narrow channel or access lane;
  - (2) Boats with mechanical propulsion in a traffic lane;
  - (3) Ships with heavy cargo.
- iv) Avoiding collisions  
When two rowing boats are on a potential collision course, both boats should move to starboard to give way to the other boat. For clarification, "starboard" means the left hand side of the rowers as they are seated in the boat (bowside).
- d) Capsizing  
Crews should regularly practice their capsize drill and familiarise themselves with all the steps to ensure the safety of the crew.
- e) Any member of the Jury may prohibit any crew from going on the water if they consider that crew constitutes a danger to themselves or other crews on the water. In the event of a dispute, the President of the Jury shall determine the issue.

## **16) Progression System (Coastal Regulation 20, Rule 66)**

- a) The RA Beach Sprint Rowing Progression System shall in principle be used for Australian Beach Sprint regattas. If an organising committee decides to adopt an alternative progression system this shall be included as part of the information to teams.
- b) The progression system for Beach Sprint rowing may be in the format of:

- Multiple pools of crews; or
  - Time trials; or
  - Elimination heats which may or may not include repêchages; or
  - A combination of these;
- c) The objective of the Progression System is to bring the number of crews remaining in medal contention in each event down to eight (8) crews and then follow the process described below.
- d) **The Final Eight Crews**  
After the preliminary rounds are completed and the final eight remaining crews (the final eight) in an event are determined, then racing shall in all cases be conducted on two lanes with 4 quarter-finals, 2 semi-finals and then finals following a consistent time schedule without additional rest breaks between races. The race for 3rd and 4th positions shall take place before the race for 1st and 2nd positions. Additional semi-finals and finals for ranking all final eight crews may also be rowed within this format.
- e) The organising committee may place a limit on the number of crews from which entries will be accepted and the method of limiting numbers (i.e. qualification, order of entry or random draw of crews or any other method) shall be included in the Notice of Regatta and in all information given to crews before the regatta.

### **17) The Draw and Determining the Lanes (Coastal Regulation 21, Rule 68)**

- a) Where a system of preliminary heats or time trials is required, a Draw for the first round shall take place following the Team Manager/Crew Captains meeting on the day before the first heat takes place, or earlier if appropriate. The Draw, supervised by the Jury, shall be random except in the case of seeded crews and shall determine which crews take part in which heats and which lanes each crew shall use.
- b) If there is seeding of crews at the Australian Beach Sprints Championships, the highest seeded crews shall be placed at opposite sides of the draw and then descending seedings should follow the same principle. In the case of Time Trials, crews may be placed close to similarly seeded crews.

When the final eight crews remaining in the event are determined, the top four seeded crews in descending order (or less if there are less than four seeded crews) remaining in the final eight crews shall be drawn alternatively on opposite sides of the draw for the last eight. The remaining places shall be allocated by random draw for the remaining crews. (i.e., remaining seeds 1 and 4 shall be on one side of the Draw and 2 and 3 on the other side.)

- c) The results of the first round shall be used to determine the following round heat allocations, with the lanes being decided by the performance in the previous round or a random draw supervised by the Jury. This process shall apply to subsequent rounds until the Final Eight is reached.
- d) **Lanes for "The Final Eight"**  
The lanes for each race in the quarter-finals, semi-finals and finals (the final eight remaining crews) only, shall be determined as follows:
- i) The crew with the faster time in its previous round shall choose which of the two lanes it shall use for the race. A crew whose previous round was a repechage will not have priority in choosing lanes over a crew that did not row in a repechage in the previous round.
  - ii) The other crew shall use the other lane.

Such determination shall be made not later than 10 minutes before the scheduled start time of the race and shall be confirmed by a member of the crew to an official designated by the President of the Jury who shall notify the other crew in that race and shall also notify the timing and results officials to prepare the start list..

### **18) Adverse Weather Conditions (Coastal Regulation 22, Rule 70)**

The President of the Jury, in consultation with the Race Director and the organising committee, shall take all decisions on any change, delay, postponement or cancellation of races, or of changes to the course, resulting from adverse weather conditions or other matters relating to the safety of rowers and equipment and officials on the water or the fairness of the course. The President of the Jury may take decisions they consider necessary to protect the safety of rowers and officials.

## 19) The Start (Coastal Regulations 23 and 24, Rules 73 and 74)

### a) During the Start Procedure

- i) The boats shall be lined up in the water in the allotted start position and shall be held by crew members (except solo (C1x)) and up to two boat handlers per boat.
- ii) The boats should be held reasonably in line and shall be positioned so that the centres of the boats are in line with the buoys in their lane. The Judge at the Start, with the advice of the Lane Umpires shall determine whether the boats are reasonably in line with the buoys in their lane and shall take such action as necessary to ensure this.

### b) Boat Handlers

- i) There shall be up to two boat handlers per boat. In adverse or rough water conditions the President of the Jury may allow or may require the number of boat handlers per boat to be increased.
- ii) The boat handlers shall, in principle, be provided by the teams and are recognised as official support crew.
- iii) The role of the boat handler is to support the departure and arrival of the crew from and to the beach by handling the boat to reduce the risk of damage or injury.
- iv) The boat handlers for each crew should wear matched uniforms or a bib that comply with the Rules in respect of Identifications and are clearly distinguishable from the crew.
- v) The boat handlers will support the crews in holding the boat for the crew members to board and depart and may assist the crew in any other way, including rudder fixing, etc.. The boat handlers must not board the boat or move into any position where the typical water surface is above their shoulders when standing on the sea bed.
- vi) The boat handlers may assist the crew by giving verbal and visual steering assistance to the crews. However, it is prohibited to use any electric, electronic or other technical device to give verbal or audio instructions; and no technical or artificial visual aids may be used other than the uniform clothing worn by the boat handlers.
- vii) When the boat returns to the beach the boat handlers may “catch” the boat to slow its progress when it reaches the beach and a crew member disembarks to run to the finish line.
- viii) After the crew member disembarks to run, the boat handlers are responsible for the swift removal of the boat from the water. Boat handlers shall not run with the crew member to the finish line.
- ix) The boat handlers shall comply with any instructions of the race officials and shall at all times be subject to the Rules of Racing.
- x) Boat Handlers must ensure that they, and the equipment they are handling, do not impede other competitors

### c) The Runners and Other Crew Members

One nominated crew member from each crew shall be a runner. (The runner at the start may be different from the runner at the finish but in both cases must be a member of the crew.) The runners shall stand behind the start line which shall be clearly marked on the beach.

The remaining crew members (except for solo (1x)) must remain standing next to their boats and shall not start to board the boat or have any part of any rower's torso or legs in, or on, the boat before the start signal has been given.. When the start signal is given the runners shall run to their boats to join the other crew members. The other crew members may start to board their boats as soon as the start signal is given.

### d) The Start Procedure

The Starter may be assisted by other umpires under the authority of the Starter. The position of the Starter shall be elevated and either beside or behind the start line such that they have a clear view of the start line and all boats. The starting signals should be clearly audible to all rowers. The Starter shall inform the crews when there are three minutes remaining before the start time either directly or through the race Announcer, by saying “THREE MINUTES!”.

There shall be a Judge at the Start who shall be positioned in such location as to be able to properly carry out their responsibilities. Where the Starter is positioned on the start line, the Starter may also service as



the Judge at the Start. Where they consider it necessary, the President of the Jury may instruct another Umpire to assist the Judge at the Start in their duties.

The Judge at the Start shall be responsible to decide if any crew has caused a false start. The starting procedure for beach sprints shall be as follows:

e)

-3:00	<p>Announcement “Three Minutes”</p> <p>All crew members should be in the start zone and under the control of the starter.</p> <p>The Starter may sanction a crew which is late to the start and may start the race without reference to absentees.</p>
-2:45-1:45	<p>Crews are introduced to the spectators by the Announcers. Once the introductions are complete the crews shall immediately return to their start positions.</p>
-1:00	<p>When there is one minute to the start, the Starter shall say “GET READY!” After this the runners will position themselves behind the start line and the Starter shall instruct the other members of the crew and/or the boat handlers to “put the boats in the water”. The Starter may allocate these commands to the race Announcer.</p>
-0:30 -0:20	<p>When there are between 20 and 30 seconds to the start, the Starter shall alert the crews by saying “Get ready!” after which alert the Starter may start the race at any time, having taken into account the wave conditions and any other factors.</p>
<p>at any time between prox.. - 0m.20s and 0m.0s</p>	<p>The start music stops.</p> <p>To give the start signal, the Starter shall first say “Attention!”.</p> <p>After a clear pause, The Starter shall then EITHER raise the red flag, OR where the start is given using traffic lights, shall press a button (or switch) to change the traffic lights from the neutral position to red; After a clear and variable pause, the Starter will then start the race by EITHER dropping the red flag quickly to one side and simultaneously sounding a hooter in one long blast;, OR by pressing a button that shall, at the same instant:</p> <ol style="list-style-type: none"> <li>a. Change the red light to green;</li> <li>b. Make an audible signal through the loudspeakers;</li> <li>c. Start the timing system for the race;</li> </ol>

The official start signal will be the moment the red flag starts to move downwards or the red light changes to green.

## 20) False Start (Coastal Regulation 25, Rule 75)

A crew commits a false start if both feet of the crew’s nominated runner are not behind the start line when the start signal is given or if any crew member starts to board their boat or any part of any rower’s torso or legs are in or on the boat before the start signal is given.

The Judge at the Start shall be the sole judge of a false start.

### a) Consequences of a False Start

- i) Where a false start is committed, whether by a runner or other crew member, the Judge at the Start shall immediately raise a red flag and the Starter shall stop the race by waving a red flag and sounding repeated blasts on the hooter until all crews have stopped. Where the Starter is serving as the Judge at Start, when a false start is committed, the Starter will immediately stop the race by waving a red flag and sounding repeated blasts on the hooter until all crews have stopped. The Judge at the Start shall inform the Starter which crew has caused a false start and the Starter shall award the crew a Yellow Card.

- ii) A crew committing two false starts or receiving two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event by the Starter.
- iii) Where a false start is committed by a crew in a processional time trial and automated timing (such as RFID) is in use, the Judge at Start may allow the race to continue without awarding a false start. Where such timing is not being utilized, the Judge at Start may award a 10 second time penalty to the crew that caused the false start and allow the race to continue.

## **21) Responsibility of the Rowers (Coastal Regulation 26, Rule 77)**

- a) Crews must compete with the standard rigging as specified in the event information. Crews found modifying the setting of the boats in violation of the standard may be awarded a 30 second time penalty.
- b) When turning around the buoys, crews are permitted to touch the turning buoys with their boat or oars, but the keel of the boat must pass around the designated side of the buoy. The crew must round the buoys in the correct direction.
- c) A crew must correctly round all designated turning buoys and must complete the full course as designated by the organising committee.
- d) A crew not correctly rounding any buoy on the course shall be awarded a sanction of a Time Penalty as follows:
  - i) Not correctly rounding the first or second buoy from the beach – 30 seconds each instance;
  - ii) Not correctly rounding the third buoy from the beach – 120 seconds.
- e) For coxed boats, the coxswain is required to be in the boat for the whole time the crew is rowing; otherwise the crew shall not be ranked in the race and shall be shown on the results as DNF.
- f) Crews returning to the beach must make every effort to keep their boat under control in an upright position with the crew members in contact with the boat until reaching the beach. In the event the boat capsizes while returning to the beach, the crew is responsible to ensure that all crew members and equipment are safe, and such responsibility shall have priority over finishing their race.
- g) Upon their boat reaching the beach, one crew member shall disembark and run in the designated route to the finish point of the race.
  - i) After exiting the boat, each runner must pass on the outside (relative to the finish line) of the flag placed on the water's edge in line with the lane buoys for their lane when running to the finish line.
  - ii) A runner not passing on the correct side of the flag shall be awarded a sanction of a Time Penalty of 10 seconds.
- h) Crews shall at all times be aware of the weather and water conditions and the safety of themselves and others. Crews rowing in a dangerous manner or in a way which is considered out of control may be excluded or otherwise sanctioned by the umpire.

## **22) Interference (Coastal Regulation 27, Rule 78)**

A crew causes interference to its opponents if its oars, sculls or boat encroach into the opponent's water and cause a disadvantage to its opponents by contact or by causing the other crew to change course to avoid such contact. The Race Umpire alone shall decide if a crew is interfering with another crew and causing them a disadvantage. If a crew has caused interference to another crew and has, in the Umpire's opinion, affected the result of that crew, then the Umpire may exclude the crew or alternatively may award a Time Penalty of 10 seconds or such other time as they deem appropriate against the crew causing the interference or take other appropriate measures under the rules.

It is each crew's responsibility to remain in their proper course and their water and to not cause interference to other crews.

## **23) Conclusion of the Race (Coastal Regulation 29, Rule 80)**

- a) The finish of the race for each crew shall be the moment their crew member (the runner) reaches the finish point and completes the action in accordance with Regulation 8 as required to mark the finish of the race.

- b) Timing – Finish times shall be recorded to at least 1/10th of a second.
- c) A race is concluded when the Umpire so indicates by raising a white flag or otherwise confirms the result.

#### **24) Dead Heats (Coastal Regulation 29, Rule 81)**

If there is a dead heat in any round other than a final, there must be a re-row over the same course between the crews involved. The re-row must take place not later than 10 minutes after the finish of the race in which the dead heat occurred. If the re-row results in a dead heat the crews shall be required to re-row the race again not later than 15 minutes after the finish of the previous re-row. This process will continue until a decision is reached.

If a dead heat occurs in a final the crews concerned shall be given equal ranking and the next ranking shall be left vacant.

#### **25) Sanctions (Coastal Regulation 28, Rule 72)**

In any case of breach of the rules, a member of the Jury may impose appropriate sanctions. The sanctions available are:

- a) Reprimand - which is a formal admonishment that the conduct of the rower or crew is in breach of the Rules and that this breach may be taken into account when considering an appropriate sanction for any further breach during that regatta. This will be an appropriate sanction where the breach does not warrant a high level of sanction.;
- b) Time Penalty - which is a sanction awarded to a crew in accordance with these Regulations and which requires the runner from the penalised crew to spend the awarded penalty time in a designated penalty box before reaching the finish line.
- c) Yellow Card - which is a formal warning for a breach of these Rules and Regulations:
  - i) A Yellow Card shall apply to the next race in which that crew competes in that regatta. It shall lapse only when the race is concluded and shall therefore still apply in the case of a postponement or a re-row of that race.
  - ii) A crew awarded two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event.
- d) Relegation - (REL) - which places a crew in the last position in a race where specifically provided in these Rules and Regulations .(Red Card or Exclusion (EXC) which excludes the crew from all the rounds of the event in question. This sanction is for a serious and/or repeated breach of the Rules justifying that the offending crew take no further part in the event (exclusion from all the rounds of the event in question);
- e) Disqualification - (DSQ) which disqualifies a rower or a crew from all events in the regatta.
  - i) This sanction is for the most serious breach of the Rules justifying removal from the regatta.
  - ii) Where a rower is disqualified, that rower shall take no further part in the regatta.
  - iii) Where a rower is disqualified at a time when Rules 59 and 60 only allow substitutions in a crew for medical reasons, then the rower may not be replaced, and the crew of that rower shall be excluded from all rounds of the event in question.
  - iv) Where a crew is disqualified, no member of that crew shall take any further part in any event in the regatta.

#### **26) Control Commission (Coastal Regulation 38, Rule 95)**

In addition to its other duties, the Control Commission at Beach Sprints Rowing regattas shall check the correct display of the boat registration numbers and that the crews race in the boats and lanes which are allocated to them.

#### **27) The Starter and the Judge at the Start (Coastal Regulation 39, Rule 96)**

The Starter and the Judge at the Start shall ensure that the correct starting procedure is followed. Both shall be in an elevated position (on a podium or stand) from where they have a clear view of the start/finish line and the racing course and can be clearly seen by all crews.

The Judge at the Start shall determine if any runner or crew causes a false start and if so shall follow the procedure outlined in Regulation 20.

Where the Starter is positioned on the start line such that the Starter can determine if a false start has occurred, the Starter may also serve as the Judge at Start.

## **28) The Umpire (Coastal Regulation 40, Rule 97)**

The President of the Jury, in consultation with the Race Director, shall decide the number of Umpires to supervise each race. Where there is more than one Umpire, the Umpires shall have equal status in their areas of responsibility.

### **a) Race Umpire**

- i) The Judge at the Start shall act also as the Race Umpire and will be positioned on land, elevated as necessary, so as to have a clear view of all crews during the race. The Race Umpire shall have precedence over the Lane Umpires and the Turning Mark Umpire. They shall in general not communicate with crews during the race but will make decisions based on his observations and on the advice of the Lane Umpires and the Turning Mark Umpire.
- ii) The Race Umpire shall ensure the proper conduct of the race and the safety of the rowers. In particular, they shall observe whether any crew gains any advantage or suffers any disadvantage from its opponents or from external factors and shall impose appropriate sanctions on crews at fault. The Race Umpire shall not give any steering indications to crews. If necessary, the Race Umpire may stop the race, impose any necessary sanctions, and order the race to be re-started immediately from the start. If for any reason, such as equipment damage, the re-start must be delayed, they shall decide on a new starting time in consultation with the President of the Jury and they shall inform the crews concerned. Where a crew suffers interference or other impediment and the Race Umpire considers the impediment did not affect the result of the race, or considers the effect of the impediment was not significant, they may decline to take any action or they may take such action as they see fit in the circumstances.
- iii) When all crews have finished the race the Race Umpire shall indicate if the race was in order by raising a white flag. If the race was not in order the Race Umpire shall raise a red flag. The Judge at the Finish shall not release any results of the race until the Race Umpire makes a determination on the infringement indicated by the red flag.

### **b) Lane Umpires**

The Lane Umpires shall be positioned on the beach in an elevated position to give them a clear view of their lane, each in line with their lane. They shall ensure the boats are held in line with their lane while waiting for the start signal and shall notify the Judge at the Start if they consider the boats are not correctly in line when the start signal is given (a faulty start) or if any crew member starts to board the boat before the start signal is given (a false start). They shall give such notification by raising a red flag, upon which the Judge at the Start shall follow the procedure outlined in Regulation 18.

### **c) The Turning Mark Umpire**

The Turning Mark Umpire shall be stationed in a boat at the farthest point of the course and shall observe the race and shall determine whether all crews go around all buoys correctly as required. They shall indicate to the Race Umpire by raising a flag after the crew in their lane has rounded the farthest buoy from the beach.

The flag shall be raised as follows:

- i) A white flag if the crew has rounded all buoys correctly.
- ii) A red flag if the crew has not rounded the buoys correctly.

The Turning Mark Umpire shall also show a red flag if they consider there has been any other infringement of the Rules, including interference. They shall as soon as possible after the finish of the race inform the Race Umpire of the detailed reasons for showing the red flag.

## **29) Judges at the Finish (Coastal Regulation 41, Rule 98)**

The Judge at the Finish shall determine the order in which the runners of each crew finish the race. They shall ascertain that the race was in order. They shall be responsible for validating the results.