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Para-Rowing High Performance Preparation Support 2018 - 2020

In 2017 in recognition of the commitment that our Para Rowing athletes were making in preparing for international competition, RA offered targeted preparation support to eligible athletes following selection to the National Team.

Rowing is proud to have a fully integrated World Championships, with our Para-rowers competing at, and being part of the same Australian Rowing Team for these championships. We are committed to supporting our Para Rowers to achieve their sporting goals, and to assisting the broader personal and professional development of our athletes. Rowing Australia provides financial assistance of \$500 per week to support its able-bodied athletes relocating to the two full-time NTCs. Whilst our Para-rowers are not required to relocate full-time, we recognise there are still significant challenges relating to pursuing their sporting goals. RA is proud to implement this High Performance Preparation Support program, which will provide eligible Para-rowing athletes on-going weekly payments of \$500.

Para-Rowing Athlete Support Payments

Eligibility

To be eligible for direct athlete support, Para Rowing athletes must satisfy all the following criteria:

- Podium performance in a Paralympic Class boat at the Benchmark Event; and Subsequently selected to the National Team for the Benchmark Event for the following year

OR

- Selected to the National Team for the Benchmark Event for the current year in a Paralympic boat class that made the A-Final at the Benchmark Event the season prior

Outline

- Athlete eligibility will be reviewed at the time of the selection of the National Team and immediately following the Benchmark Event in each year.
- Athletes will be provided a payment of \$500 per week from the Team announcement for that year through to a time when they are no longer eligible based on this criteria.
- Athletes will receive the financial support directly from Rowing Australia.

All financial support is subject to the availability of RA funding, and is capped at a maximum of \$500 a week per athlete.



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Expectations of Athletes in receipt of Funding:

1. Athletes must read and sign a RA Participant Agreement, therefore agreeing to the following:
 - a. work towards the attainment of their full potential in rowing;
 - b. to maintain a lifestyle conducive to sporting excellence;
 - c. to demonstrate consistency and self-discipline in and out of training sessions, showing the desire and intention to perform at an elite level and achieve top international performances in competition;
 - d. to proactively pursue vocational, educational or professional opportunities (as the case may be) in accordance with the RA Personal Excellence Framework
2. A full preparation plan, including weekly training outline and competition schedule to be agreed to by RA Para Rowing Head Coach.
3. Monthly (or as determined necessary) review meetings with RA Performance Director, RA Para Rowing Head Coach, athlete coach, and appropriate SIS/SAS support staff
4. Medical/treatment data to be managed through the AMS