

## EVENT REQUIREMENTS UNDER 23 AUSTRALIAN ROWING TEAM US-BASED AUSTRALIAN ATHLETES

Updated 23 October 2024

**Please Note: Rowing Australia (RA) intends to review these Event Requirements by no later than September of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards from time to time prior to the relevant event or trial and the publication or notification shall take effect in accordance with the RA Selection Policy.**

### **Background:**

The (RA) National Selection Policy – Underage Teams (“Selection Policy”) outlines the broad selection criteria for all rowers and coxswains and can be viewed on the RA website at [www.rowingaustralia.com.au](http://www.rowingaustralia.com.au). This document operates as an appendix to the RA Selection Policy and outlines the activities that rowers and coxswains must complete to be eligible for selection consideration for the Australian Under 23 (“U23”) Team as a US-based athlete.

Selectors will only select Under 23 crews that are aligned with Olympic class disciplines; that is, men’s and women’s open weight sweep and men’s and women’s open weight sculling.

### **Specific Activity Details:**

| ACTIVITY   | See Note(s) | Selection Activity Dates - 2025      |
|--|-------------|--------------------------------------|
| Close of team nominations                                  | 1,2         | 11 April, 2025                       |
| Coxswain CVs submitted to RA                               | 3           | 11 April, 2025                       |
| Submission of data   | 4           | 1 October, 2024 – 11 April, 2025     |
| Invitation list announced for US-based U23 Selection Trial |             | 9 May, 2025                          |
| Training Camp for US-based U23 Selection Trial             | <b>11</b>   | 2 – 12 June, 2025                    |
| US-based U23 Selection Trial                               | 5 – 10      | 13 – 17 June, 2025                   |
| US-based crews announced                                   |             | 18 June, 2025                        |
| U23 World Championships                                    |             | 21 - 25 July, 2025<br>Poznan, Poland |

**NOTES:**

1. Athletes attempting selection in the U23 Team must be 22 years of age or younger on 31 December in the year of selection. Please refer to the Rowing Australia website for the full nomination and eligibility requirements for national team selection (<https://rowingaustralia.com.au/national-team-selection>).
2. **Nomination:** Athletes wishing to be considered for Under 23 team selection must complete the online nomination form found on the Rowing Australia website (<https://rowingaustralia.com.au/national-team-selection>) by 17:00 AEDT on the date specified.
3. **Nomination:** Coxswains must submit a coxing CV, including two coaching referees, and one recent coxswain recording, by 17:00 AEDT to [jlane@rowingaustralia.com.au](mailto:jlane@rowingaustralia.com.au) on the date specified. The CV should outline coxing history, past performance and relevant experience. Following the consideration of submitted information, coxswains may also be required to submit further recordings and/or participate in a coxswain selection interview.

Coxswains invited to the Selection Trials must participate at, or below, FISA weight (55kg).

4. **Nomination:** Coaches wishing to be appointed onto the Australian Under 23 Team must complete the online nomination form found on the Rowing Australia website (<https://rowingaustralia.com.au/national-team-selection>) by 17:00 AEDT on the date specified.
5. **Eligibility:** Every athlete is required to submit the following information by 17:00 AEDT on the date specified in the manner prescribed by RA from time to time:
  - 2 x 2km erg result (at least a month apart)
  - 2 x 6km/5km erg result (dependent upon program and at least a month apart)
  - 2024/2025 College crew and results (eg. 6 seat of 2V 8+)

**Ergometer testing** is to have been completed in the window 1 October, 2024 – 11 April, 2025 and **accompanied by a photo of the result on the screen of the ergometer**. Ergometer testing is to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the RA website at <https://rowingaustralia.com.au/sports-science>. Performances will be assessed against the National Ergometer Benchmarks available at <https://rowingaustralia.com.au/sports-science>.

6. **Eligibility:** All athletes must complete all activities stipulated in these U23 Event Requirements unless there are Extenuating Circumstances (as defined in the Selection Policy) that prevent this.
7. The Selectors reserve the right at their sole discretion to choose the crew combinations, that are formed during and after the December National Camp. The selectors will also reserve the right at their sole discretion to choose the crew combinations, seat racing partners and the matrix of seat racing in the U23 Selection Trials.
8. Selectors will use their experience, knowledge and judgement to select crews of podium standard for the 2025 World Rowing Under 23 Championships. Consideration may be given to 'development' crews who may be selected outside of these standards.
9. Selectors will only select Under 23 crews who are aligned with Olympic class disciplines.
10. RA will announce the final Australian Under 23 Team, including coaching staff, by no later than 5 days following the conclusion of the Selection Trials. Participants selected to compete at the U23 World Championships must pay a seat fee contribution for international preparation and competition. For reference the seat fee in 2024 was \$7950, the 2025 fee is yet to be finalised.
11. The Training Camp for US-based U23 Selection Trials is mandatory for all athletes (and coaches) invited to the US-based U23 Selection Trial, though the duration of attendance is dependent upon College crew commitments, in consultation with Rowing Australia.

The team training camp is mandatory for all athletes and coaches named in the Australian Under 23 Team following the US-based U23 Selection Trial.