

Australia A TEAM Expression of Interest

Approved November 2023.

Background:

Athletes who are also seeking Senior A selection will need to satisfy the requirements set out in the Senior A Event Requirements, which are available on the RA website at <http://www.rowingaustralia.com.au/national-team-selection-information/>. At the point where such athletes are no longer in contention for Senior A selection, they must then satisfy the remaining requirements set out in this EOI.

Specific Activity Details:

ACTIVITY	2024 U23 Team – Activity Dates
5000m ergometer Test #2	6 November, 2023
Nov. Domestic 5km Time Trial	15 - 18 November, 2023
2000m ergometer Test	11 December, 2023
Dec. Domestic 5km Time Trial	18 - 21 December, 2023
5000m ergometer Test #3	22 January, 2024
NSW State Championships	9 - 11 February, 2024
Selection Trials	25 February - 3 March, 2024
National Championships	18 - 24 March, 2024
World Cup 1	12 – 14 April, 2024, Varese, ITALY
Training Camp	NTC 16 – 26 September, 2024

NOTES:

1. Selection onto the Australia A team will be performance based and determined by the crews ranking at the Selection Trials, ranked on Snr A WBT
2. Athletes will be assessed individually against the following 2k ergometer standards;
3. Men 5:58.0
4. Women 6:55.0
5. Athletes wishing to be considered for the Australia A team need to be committing to and intend on nominating for the 2025 Senior A National team.
6. Athletes will need to be available to attend all of the training camps and competition as outlined in the activity details.