

EVENT REQUIREMENTS 2024 AUSTRALIAN ROWING TEAM – BEACH SPRINTS

Edit 16.11.23 - pending HPC approval

Please Note: Rowing Australia Limited ("RA") intends to review these Event Requirements by no later than September of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards from time to time prior to the relevant event or trial and the publication or notification shall take effect in accordance with the RA Selection Policy.

Background:

The RA National Selection Policy – Coastal Rowing ("Selection Policy") outlines the broad selection criteria for all rowers and coxswains and can be viewed on the RA website at www.rowingaustralia.com.au. This document operates as an appendix to the Selection Policy and outlines the activities that rowers and coxswains must complete to be eligible for selection consideration for the Australian Coastal Rowing Team.

All athletes must complete all activities stipulated in these Coastal Rowing Event Requirements unless there are Extenuating Circumstances (as defined in the Selection Policy) that prevent this, in which case Rowing Australia is to be notified of the particular reason as soon as is practicable, and in accordance with the RA Medical Management Policy and the Selection Policy.

Important Note:

Under the Selection Policy, RA may, as a matter of policy, elect not to send a boat or boats to an event.

Specific Activity Details:

ACTIVITY	See Note(s)	20224 Team - Activity Dates
Close of team nominations	1	1 December, 2023
500m ergometer testing	2,4	1-10 December, 2023 1-10 April, 2024 1 – 10 August, 2024
50m sprint	3,4	1-10 December, 2023 1 - 10 April, 2024 1 – 10 August, 2024
National Beach Sprint Trials	5	18 – 21 April, 2024 SIRC & Narrabeen
National Beach Sprint Seat Confirmation	7	12 - 14 August 2024 (TBC)
Australian Coastal Rowing and Beach Sprints Championships	6	16 – 18 August, 2024 TBC
World Rowing Beach Sprint Finals	8 - 11	6 - 9 September, 2024 Genoa, ITALY
World Rowing Coastal Championships	8- 11	13 – 15 September , 2024 Genoa, ITALY

NOTES:

- 1. Nomination and Eligibility: Athletes and coaches wishing to be considered for the Coastal Rowing Team selection must complete the online nomination form available on the Rowing Australia website HERE by 17:00 AEST on the date specified. Please refer to the Rowing Australia website for the full nomination and eligibility requirements for national team selection HERE.
- 2. National Ergometer + 50m Sprint testing is to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the RA website HERE.
- **3.** Results from the ergometer and sprint testing should be submitted using this results template <u>HERE</u>. A screenshot of the result must accompany the submission of data.
- 4. The National Beach Sprints Trials. The purpose of these trials is to select a squad to race at the 2024 World Beach Sprint Finals. These trails are an open trial to rowers who have fulfilled the event requirements. The Selectors reserve the right at their sole discretion to choose the crew combinations, seat racing partners and the matrix of seat racing in the Selection Trials, and to conduct ergometer, sprinting and such other tests as required in order for the Selectors to assess the specified selection criteria.
- 5. The Australian Coastal Rowing and Beach Sprints Championships: All Rowers nominating for National Team selection are required to participate.



6. The National Beach Sprint Seat Confirmation.

The purpose of the National Beach Sprint Seat Confirmation is to confirm selection of the boat composition of senior crews racing at the 2024 World Rowing Beach Sprint Finals. Participation is by invitation only to athletes selected in the 2024 Senior World Beach Sprint Finals Squad from the National Beach Sprint Trials. RA will announce the Beach Sprint Squad including the list of athletes invited to the National Beach Sprint Seat Confirmation Trials no later than 7 days after the conclusion of the National Beach Sprint Trials. For clarity selected U19 crews from the National Beach Sprint Trials will not be required to participate at the National Beach Sprint Confirmation Trials.

The Selectors reserve the right at their sole discretion to choose the crew combinations, seat racing partners and the matrix of seat racing in the Selection Trials, and to conduct ergometer, sprinting and such other tests as required in order for the Selectors to assess the specified selection criteria.

- 7. Selectors will use their experience, knowledge and judgement to select crews of podium standard for the 2024 World Rowing Beach Sprint Finals and Coastal Championships. Selectors will use the results of testing and assessments outlined in these Event Requirements to ascertain a crew's potential to achieve the selection standard.
- **8.** RA will announce (in accordance with the Selection Policy) the final Australian Coastal Rowing Team, including coaching staff, by no later than 5 days following the conclusion of the 2024 National Beach Sprint Seat Confirmation.
- 9. Participants selected to compete at the 2024 World Rowing Beach Sprint Finals and Coastal Championships must pay a seat fee contribution for international preparation and competition. The seat fee in 2024 is TBC.
- 10. Coaches wishing to be appointed onto the Australian Coastal Rowing Team must complete the online nomination form found on the Rowing Australia website <u>HERE</u> by 17:00 AEST on the date specified.